

# Veritas Collaborative Sheds Light on Binge Eating Disorder

*Veritas Collaborative is intensifying efforts to raise awareness about binge eating disorders, the most prevalent eating disorder in the United States.*

DURHAM, NORTH CAROLINA, UNITED STATES, October 12, 2023 /EINPresswire.com/ -- In its ongoing commitment to health and well-being, Veritas Collaborative is intensifying efforts to raise awareness about binge eating disorders, the most prevalent eating disorder in the United States. This initiative underscores Veritas's dedication to fostering understanding and compassion for those affected by binge eating disorders.

[Binge Eating Disorder](#) is characterized by episodes where individuals consume large amounts of food in a short time span, often accompanied by feelings of distress, lack of control, and self-loathing. Key indicators include:

- Eating much more rapidly than normal or until uncomfortably full.
- Consuming large amounts of food even when not feeling physically hungry.
- Eating alone due to embarrassment about the amount consumed.
- Feelings of guilt, shame, and self-loathing around food or eating.

Unlike other eating disorders, compensatory behaviors do not follow these binge episodes, distinguishing binge eating disorder as a unique condition. The disorder can lead to various medical complications, including chronic pain, diabetes, hypertension, and reproductive issues.

Originating from a blend of genetic, biological, and environmental factors, binge eating disorder's signs and symptoms can vary. Early recognition is pivotal for intervention, with symptoms ranging from secretive binge-eating episodes to feelings of guilt and self-loathing. While the medical implications can be severe, a path to recovery is attainable with the proper treatment and support.

Veritas Collaborative's holistic approach to binge eating disorder treatment encompasses inpatient, residential, partial hospitalization, intensive outpatient, and virtual programs catering to all age groups. These programs emphasize real-life skills, hands-on nutrition, and culinary experiences, ensuring individuals embark on a sustainable recovery journey.

With a longstanding commitment to understanding and treating eating disorders, Veritas Collaborative aims to dispel myths surrounding binge eating disorders. Veritas Collaborative

continues to champion a healthier relationship with food and body image for all as a leading voice in eating disorder care.

To learn more about binge eating disorder and how to get help, visit <https://veritascollaborative.com/about-eating-disorders/binge-eating-disorder/>

### About Veritas Collaborative

Veritas Collaborative stands at the forefront of eating disorder care, changing how these disorders are understood and treated. Established with a vision of hope and healing, Veritas offers tailored treatments to meet individual needs. They have set unparalleled standards in the field through research, education, and clinical care. Their unwavering commitment to fostering recovery has made a difference in the lives of countless individuals and families. For more insights and information, [please visit Veritas Collaborative](#).

Sara Hofmeier

Veritas Collaborative Eating Disorder Treatment Center

+1 919-908-0374

[sara.hofmeier@veritascollaborative.com](mailto:sara.hofmeier@veritascollaborative.com)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Instagram](#)

[YouTube](#)

[TikTok](#)

[Other](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/661393915>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.