

New Leaf Detox And Treatment In Laguna Niguel, California, Rated One Of The Top Rehab And Drug Rehabs In The State

Laguna Niguel, California – New Leaf Detox and Treatment, a premium alcohol and drug Rehab center in Laguna Niguel, California, is thrilled to announce it has been rated one of the top rehab and drug rehabs in the state.

With hundreds of 5-star reviews on Google and an array of positive customer testimonials featured on its website, New Leaf Detox and Treatment's luxury rehab center has been praised for its quality care with individualized patient treatment plans, carefully controlled medically managed detox and for its team of highly trained compassionate staff.

A New Leaf Detox and Treatment spokesperson said, "Sustainable life-long recovery and rehabilitation is achieved through a true transformation of self. We help our patients through this transformation by providing all the knowledge, life skills, and resources needed to do so. Recovery from any addiction is no easy task. But with proper care, rehabs, individual therapy, and the right treatment services, you can achieve a life worth living without drugs."

When patients choose to join New Leaf Detox and Treatment's rehab program in Laguna Niguel, California, they can select from a range of detox and addiction treatment services, these include:

Detox

Detox is the first step in sobriety. The detoxification process typically lasts 3 to 9 days, depending on the user's drug of choice and their degree of chemical dependency. While a medically supervised detox is a rather short process, it can be the most dangerous and uncomfortable step in recovery.

A drug detox involves withdrawal symptoms that range from mild to severe. The goal of at New Leaf Detox and Treatment is to make this process as safe and comfortable as possible to give patients the best chance at a successful recovery.

Inpatient Rehab

After Detox, patients learn the recovery life skills necessary to deal with the temptation to use drugs and alcohol in specialized Drug Rehab. Patients at New Leaf Detox and Treatment receive a range of therapeutic services.

These evidence-based, behavioral, mental health and psychological services help patients understand their addictions at the core and give them the skills they need to avoid making mistakes that lead to relapse.

New Leaf Detox and Treatment's residential treatment center is LGBTQ-friendly, accepts veterans, and provides group therapy as well as inpatient care.

Dual Diagnosis Rehab

Dual Diagnosis treatment helps those who struggle with mental illnesses as well as Substance

Use Disorders. Oftentimes, drug and alcohol addiction is a way for people to attempt to self-medicate an undiagnosed or untreated mental health disorder like depression, anxiety, bipolar, or OCD.

As patients open up to staff and therapists, New Leaf Detox and Treatment is able to diagnose and treat the underlying issues that keep patients clinging to addictive substances to cope with their daily struggles.

Therapeutic Treatment Modalities

The Addiction Treatments offered at New Leaf Detox and Treatment are designed to heal patients from psychological struggles. By addressing the root causes of what led them to abuse drugs and alcohol originally, the trained team at the center can help them recover fully.

Substance abuse is damaging to the mind and body. New Leaf Detox and Treatment therapists guide patients through detox and recovery, allowing them to achieve physical and mental wellness. Some of the addiction therapy approaches include:

Evidence-based Therapy

Psychotherapy

Cognitive-Behavioral Therapy

Medication Assisted Treatment

Holistic Treatment

Physical Recovery

Yoga

Trauma-Informed Care

All the drug and alcohol treatment programs are designed to meet the individual needs of each patient. At the New Leaf Detox and Treatment in Laguna Niguel, California, the treatment programs include a wide variety of substance abuse services that vary depending on the substance of abuse and the mental wellbeing of each patient.

More information

For further information on New Leaf Detox and Treatment Inc. and the announcement that the center has been rated one of the top rehab and drug rehabs in the state, please visit the website at <https://nldetox.com/>.

Source: <https://thenewsfront.com/new-leaf-detox-and-treatment-in-laguna-niguel-california-rated-one-of-the-top-rehab-and-drug-rehabs-in-the-state/>

About New Leaf Detox and Treatment Inc.

Our philosophy is to equip our clients with the knowledge, life skills, spiritual tool kit and emotional support to produce a meaningful character transformation necessary for sustained long-term recovery. Together we work diligently with our clients to uncover, discover, and discard; to unearth the authentic self in each client, healing the underlying causes of addiction.

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