

Experience Breakthroughs in Learning: College Tutoring Reimagined with Executive Functioning at the Core

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LOS ANGELES, CALIFORNIA, UNITED STATES, October 24, 2023 /EINPresswire.com/ -- <u>Innovative</u> <u>Collegiate Consultants</u>, an educational assistance service, is transforming the landscape of college tutoring, with a novel approach centered on executive functioning skills. This pioneering method used in the sessions redefines



the conventional tutoring experience by integrating cognitive tools crucial for sustained success in higher education.

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Dr. Tara Williams

"Our goal at Innovative Collegiate Consultants, Inc. is to help students who have learning disabilities and those who have the need for tutoring in a specific course," stated <u>Dr.</u> <u>Tara Williams</u>, owner and founder of Innovative Collegiate Consultants. "By focusing on both their strengths and their weaknesses, we not only build executive functioning skills but self-confidence as well."

Setting Students up for Success

Unlike traditional tutoring that focuses solely on subject matter, Innovative Collegiate Consultants prioritizes the

development of executive functioning skills. This approach aims to cultivate not just academic proficiency but also the essential cognitive tools vital for long-term success.

The strategy at Innovative Collegiate Consultants is personalized, tailoring learning journeys to the individual strengths and challenges of each student. Tutors serve as mentors, guiding

students through academia while concurrently enhancing their executive functioning skills. This ensures that students not only grasp complex concepts but also develop the cognitive resilience needed for academic success.

Strategies Backed by Research The strategic infusion of executive functioning skills into the Innovative Collegiate Consultants tutoring program is supported by extensive research. Studies consistently demonstrate that students with wellhoned executive functions exhibit enhanced problem-solving abilities, improved emotional regulation, and stronger interpersonal skills—attributes vital for success in college and beyond.

The impact of this innovative approach is evident in the success stories emerging from Innovative Collegiate Consultants. Students, once challenged by time management, now excel in meeting deadlines. Those struggling with the organization have developed effective strategies. The transformation extends beyond academic achievements, fostering personal growth and resilience.

"We are interested in solutions for our students' current education issues but also in the skills that will carry them throughout their lifetime," Dr. Williams explained.



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Executive Functioning Tutoring

Innovative Collegiate Consultants Executive Functioning Tutoring



College Tutoring

Innovative Collegiate Consultants College Tutoring



Innovative Collegiate Consultants ADHD Tutors for College Students

In an era where the demand for higher education is greater than ever, Innovative Collegiate Consultants envisions a future where every student has access to executive functioning-focused learning support. This forward-looking approach promises not just graduates but individuals equipped with the skills and confidence to thrive in various life pursuits. Innovative Collegiate Consultants invites students, parents, and educators to embrace this transformative journey. Together, they are rewriting the narrative of college tutoring, making it a holistic and empowering experience. The future of education is here, breaking through traditional barriers and fostering a new era of learning excellence.



What is Executive Function Disorder? An executive function is a wide group

of mental skills that are used to complete tasks and interact with others. Executive functions enable individuals to focus attention, set goals, plan, remember instructions, and manage multiple tasks.

Executive function disorder is a neurological, mental health, and behavioral issue that often includes depression and ADHD (attention deficit hyperactivity disorder). The condition can affect a person's ability to efficiently function in society and can easily interfere with scholastic endeavors.

Around 90% of all individuals with ADHD struggle with executive function disorder in some form. In the classroom, executive dysfunction can make it difficult to acquire an education because most of the skills that are challenged are ones that are required for formal learning. Now, students with this condition can find relief in Executive Functioning Tutoring services through Innovative Collegiate Consultants.

Executive Functioning Tutoring Entails

Innovative Collegiate Consultants dedicated Executive Functioning Tutoring service begins with a free consultation. During this session, the student's needs and goals are determined. After the meeting, a success specialist, or tutor, is assigned for the semester, matching the personality and teaching/learning styles of the teacher and the student.

Classes are virtual, offering the convenience of scheduling. Weekly online sessions are set up with additional meetings if necessary. Tutors also provide assistance with time management, organization, and weekly course preparation in addition to help with accommodations management.

Top-Notch Tutors Serve as Mentors

The tutors at Innovative Collegiate Consultants are success specialists who have been hired based on their experience working with students on executive functioning skills in their subject

of expertise. All tutors possess a bachelor's degree, but most have a master's degree or higher. The utmost consideration is made when pairing a student with a tutor to ensure the highest probability of compatibility on a learning and personal level.

Services Offered at Innovative Collegiate Consultants, Inc.

In addition to offering dedicated Executive Functioning Tutoring services, Innovative Collegiate Consultants offers:

ADHD Academic Support: It is estimated that over 8% of all college students have ADHD (attention deficit hyperactivity disorder). ADHD can put a significant strain on academic and personal pursuits. A student with ADHD may struggle with attention focus, impulse control, and/or organization which as all skills required for higher education learning. Treatment is available to those who suffer from ADHD through a combination of behavioral therapy, lifestyle adjustments, and in some cases, medication to manage symptoms and improve functionality. ADHD Academic Support provides additional support to increase the chances of being successful in college and beyond.

Subject Tutoring: Subject Tutoring is a service available for specific subjects such as chemistry, foreign language, economics, math, etc.

Academic Consulting Services: Innovative Collegiate Consultants offers course consulting each semester in regard to summer coursework, credit transfer to local colleges and out-of-state institutions. Change of major and appeal paperwork are also available through their Academic Consulting Services. Students can also get help with college and graduate school applications and acquire assistance with internships, resumes, or job placement.

College Admissions Counseling Services: Assistance is offered through College Admissions Counseling Services for each step of the college admissions process including composing the Main Common Application or Coalition Essay, writing a Supplemental and Scholarship Specific Essay, applying for financial aid, and more.

About Innovative Collegiate Consultants

Innovative Collegiate Consultants was founded by Dr. Tara Williams. Dr. Williams earned her Doctor of Philosophy in Synthetic Inorganic Chemistry from the University of Sussex in Falmer, United Kingdom. She is a tenure track professor at College of the Canyons in Santa Clarita, California currently and has been teaching there for the past thirteen years. Dr. Williams has worked with students with disabilities since 2010.

Innovative Collegiate Consultants, Inc. leads the revolution in college tutoring with a unique focus on executive functioning skills. The organization empowers students to become self-directed learners, envisioning a future where every student has access to executive functioning-focused learning support, preparing them for lifelong success.

Pepperdine, New York University, the University of Southern California, Pomona College, San

Diego State University, and Chapman University are some of the many higher education institutions that work with Innovative Collegiate Consultants.

To find out more about executive functioning tutoring and other services, visit the Innovative Collegiate Consultants, Inc. website or call 407-558-9050.

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