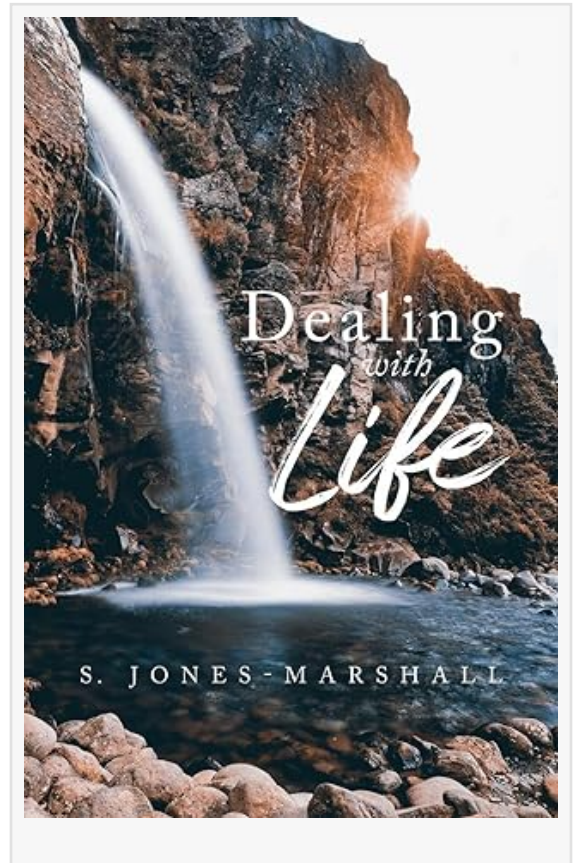


# S. Jones-Marshall provides guide to harnessing inner strength amidst adversity

*Traumatic Brain Injury Survivor Shares Lessons in "Dealing with Life"*

UNITED STATES, October 24, 2023 /EINPresswire.com/ -- Author [S. Jones-Marshall](#) raises awareness about living with a disability while motivating readers by showing them how they can face adversities and continue to have fulfilling lives. For the family, friends, and community gain crucial insight from the pages of "[Dealing with Life](#)" on how to help these brave individuals to harness their inner strength amidst adversities and to live their best possible lives.

A traumatic brain injury is a condition due to a sudden external, physical assault, which damages the brain. This is one of the most common causes of disability and death in adults according to John Hopkins Medicine. It encompasses a vast array of injuries that can occur to the brain. The severity of which can range for mild concussions, to coma or even death.



## About the Author

S. Jones-Marshall has lived with a traumatic brain injury for over 40 years while striving to lead a fulfilling life. He shares his unique insights, through his book "Dealing with Life" to help others to overcome and find satisfaction in their daily lives. It may help those dealing with what they may feel is a debilitating injury, to see it simply as a bump in the road and not the end of it.

“

He wants readers with visible limitations and those whose limitations may not be apparent at first glance but may emerge during trying times.”

*S Jones - Marshall*

He has stated many times, “He feels his life has been enriched by the challenges he has encountered and would not change anything.” He wants readers with visible limitations and those whose limitations may not be

apparent at first glance but may emerge during trying times. To know they can be as productive

as their body will allow them.

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