

# Faster Therapy Welcomes Mark Elliot: Ex-Pro Footballer Now Certified Havening Practitioner

CARDIFF, UNITED KINGDOM, October 25, 2023 /EINPresswire.com/ -- Faster Therapy is delighted to announce the latest addition to its esteemed team of therapists, Mark Elliot, a renowned certified Havening practitioner. With his extensive experience and dedication to helping individuals overcome life's challenges, Mark brings a wealth of expertise to Faster Therapy.

Mark Elliot is a respected figure in the field of mental health and emotional well-being. His commitment to utilising innovative therapeutic techniques to assist clients in achieving lasting transformation aligns perfectly with Faster Therapy's mission. Mark's unique approach, rooted in Havening therapy, has empowered countless individuals to break free from emotional obstacles, reduce stress, and enhance their overall quality of life.



Mark Elliot Faster Therapy Havening Practitioner

Havening therapy is a groundbreaking modality that utilises neuroscience to address a wide range of psychological and emotional issues. Mark Elliot's proficiency as a certified Havening practitioner makes him an invaluable asset to Faster Therapy, as he will contribute to expanding the breadth of services offered to clients seeking rapid and effective solutions to their emotional challenges.

"We are thrilled to welcome Mark Elliot to our Faster Therapy family," said Andreas Lazarou, Founder and CEO of Faster Therapy. "His passion for helping individuals harness their inner resilience and find relief from emotional burdens perfectly aligns with our commitment to delivering top-tier online therapy services. Mark's expertise in Havening therapy will undoubtedly

enrich the therapeutic journey of our clients."

Mark Elliot's impressive track record includes assisting clients in overcoming trauma, anxiety, and other debilitating emotional challenges. He brings a holistic and client-centered approach to his therapy sessions, fostering a safe and nurturing environment for healing and transformation.

To learn more about Mark Elliot and his therapeutic approach, please visit his profile on the Faster Therapy website at <https://fastertherapy.com/therapists/mark-elliott/>  
To book a session with Mark or any of Faster Therapy's experienced therapists, visit the Faster Therapy website at <https://fastertherapy.com/>

About Faster Therapy:

Faster Therapy is a leading online therapy platform dedicated to providing individuals with convenient access to high-quality mental health and emotional well-being services. The platform offers a diverse team of skilled therapists who specialise in various therapeutic modalities, ensuring that clients receive tailored and effective solutions to their emotional challenges.

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Mark Elliot During Football Career

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