

# Award-winning Nutritionist Samantha F. Grant, celebrated for her role in Martin Scorsese's "Killers of the Flower Moon"

LOS ANGELES, UNITED STATES, November 6, 2023 /EINPresswire.com/ -- [Samantha F. Grant](#), a three-time Best of Los Angeles Award-winning nutritionist, has received recognition for her work in Martin Scorsese's new film, "Killers of the Flower Moon." Grant's skills and focus were key in supporting lead actress Lily Gladstone, who stars alongside actors Leonardo DiCaprio and Robert De Niro.

Grant was enlisted for her expertise and to collaborate closely with Lily Gladstone, preparing her for the challenging role of a sick woman in the film. Grant created a specialized diet and supplement regimen tailored to sustain Gladstone through long filming days. Additionally, Grant maximized Gladstone's workouts, facilitating her weight loss while maintaining optimal energy levels—a delicate balance that required constant monitoring and attention.

To help fulfill director Martin Scorsese's vision for the film, Grant was key in aligning Gladstone's physical transformation with the character's arc, bringing authenticity to the role. The impact of Grant's efforts was evident on screen, gaining notice from audiences and critics alike.

In a statement, Samantha F. Grant said, "It was a fulfilling project, and seeing the results on the big screen was really exciting. I'm grateful to have been part of such a significant film, directed by a visionary such as Martin Scorsese and featuring the tremendously dedicated actor, Lily Gladstone."



Samantha F. Grant

Samantha F. Grant's thorough approach and dedication have strengthened her standing as a highly sought-after nutritionist in the entertainment industry. Her consistent excellence and ability to deliver results underscore why she remains highly in demand in film and television projects.

Grant excels in hormonal balance, metabolic correction, and weight management. With a successful career dedicated to holistic well-being, she's guided thousands to improved health. She has been featured in prominent publications like Salon City Magazine, Red Magazine, Vanity Fair Magazine, and US Weekly. As a respected health expert, she has made multiple appearances on the renowned "The Doctors" TV show.

Grant's clientele includes A-List celebrities, heads of state, VIPs across various industries, and individuals from all walks of life. Her comprehensive nutritional training and holistic expertise offer a well-rounded approach to health and wellness, drawing from Eastern and Western traditions.

For more information about Samantha F. Grant, click here: [samfgrant.com](https://samfgrant.com)

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