

Empowering Veterans: A Crucial Conversation on Workplace Mental Health

PHOENIX, ARIZONA, UNITED STATES,
November 13, 2023 /

EINPresswire.com/ -- In a new [University of Phoenix survey](#), most U.S. military members (93%) agreed that mental health is as important as physical health, however only 33% reported never seeking out professional counseling.

This underscores the finding of the University of Phoenix's [2023 Career Optimism Index®](#), which revealed that mental health concerns were top of mind for American workers.

Dr. Trina Clayeux, CEO of Give an Hour, encourages employers to use a Veteran Workforce Toolkit to help evolve their cultures and support their ex-military employees.

For more information, visit giveanhour.org/veteranworkforce

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Dr. Trina Clayeux, CEO, Give an Hour



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