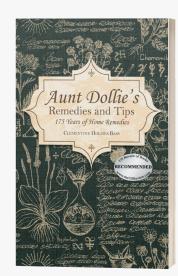


## UNLOCKING TRADITIONAL WELLNESS WITH CLEMENTINE HOLMES BASS'S "AUNT DOLLIE'S REMEDIES AND TIPS"

Discover the timeless tips and tricks that have helped people heal for generations.

LOS ANGELES, CALIFORNIA, UNITED STATES, November 15, 2023 /EINPresswire.com/ -- Take a journey back in time with "Aunt Dollie's Remedies and Tips: 175 Years of Home Remedies" by Clementine Holmes Bass. This charming book celebrates the resourcefulness of our ancestors, who relied on ingenuity to cure common ailments. Drawing on the author's family history and Choctaw heritage, readers get a fascinating look at home remedies passed down through generations.



Aunt Dollie's Remedies and Tips: 175 Years of Home Remedies

What sets "Aunt Dollie's Remedies and Tips" apart is its sense of nostalgia and charm. Reading this book is like spending time with a wise elder relative, listening to their stories and learning from their experience. The remedies and tips featured in the book may seem quirky to modern readers. Still, they offer a glimpse into a world where people were self-sufficient and resourceful, using whatever was available to cure what ails them.

Clementine Bass is a passionate educator who devoted 34 years of her life to shaping young minds and inspiring them to make a positive impact in the world. Hailing from Rison, Arkansas, Clementine pursued her higher education at the prestigious University of Arkansas at Pine Bluff.

Whether an individual is a fan of natural remedies, a history buff, or simply looking for a good read, "Aunt Dollie's Remedies and Tips" is a delightful book that is sure to entertain and inspire. So grab a cup of tea and settle in for a journey back in time. Grab a copy today on <u>Amazon</u>, <u>Barnes and Noble</u>, and other digital bookstores worldwide.

<u>Olympus Story House</u> is an emerging digital marketing firm based in Reseda, California that focuses on offering high-quality work at a reasonable price. Our talented staff collaborates with clients to establish a stronger brand and help them get the recognition they deserve. We have the ultimate goal of providing our authors with services that would fit a wide range of marketing budgets, offer reliable feedback and proper guidance in their projects, and present quality service.

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