

Dermatologist Doctor Öykü Çelen Recommending Hair Care Products After Hair Transplant

Dermatologist Öykü Çelen recommends to use of Procapil-based products to every one in hair care, regardless of whether hair transplant has been performed or not

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/EINPresswire.com/ -- Hair care is a very important issue for anyone who has or does not have a hair loss problem, who has had or is considering a hair transplant, and as a Dermatologist, I recommend a holistic approach on this issue. If people focus

only on " [best hair care products](#) " and neglect other factors, this will reduce the efficiency of the hair care product used and prevent them from achieving the desired result, no matter how high quality the hair care product is. The efficiency of hair care;

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*Dermatologist Doctor Oyku
CELEN*



Best Hair Shampoo and Products after Hair Transplant

The hair care products used by the person, the supporting vitamins and minerals that affect the hair structure, daily diet, sports activities and lifestyle directly affect it.

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One of the most common mistakes made in the hair care process after hair transplant is choosing the "right product". First of all, it is critical for both your hair health and your own health that you do good research and research the content of the best hair care products you are

going to buy.

The second most common mistake in the hair care process is being "in a hurry". Hair care is a

process that requires a different reaction in everyone, and it is unthinkable that a product will have the same effect on a woman or a man in the same period of time. The effects of hair care products are generally tested in a laboratory environment or studies are conducted with a limited sample group. For this reason, first of all, you need to be patient, make the product you use a regular routine and follow the results.

Minoxidil	Finasteride	Procapil
Severe hair loss after stopping	Loss in sexual function or desire	No Side Effect
Blurred vision or other changes in vision	Sleepiness or unusual tiredness	
Chest pain, fast or irregular heartbeat	Chest pain, fast or irregular heartbeat	
Dizziness	Dizziness	
Unwanted hair growth elsewhere on the body	Swelling or sensitivity in chests	
Severe irritation on scalp		

Comparing side effects between Procapil, Minoxidil and Finasteride

As mentioned above, the product to be used for hair care must be thoroughly researched and advice should be sought from a dermatologist on this matter, otherwise a product that works for one person may not work for you.

Minoxidil is one of the most commonly used active ingredients in products that support hair regrowth. Minoxidil is a compound discovered accidentally as a side effect of drugs developed for hypertension, and its effect on hair has been proven, but in addition to hair growth, it also has side effects that seriously affect human health. Some of these are serious side effects such as hair growth in unwanted parts of the body, headache, heart rhythm disturbance, visual impairment, and chest pain. Hair health should be considered together with whole body health, and such products remove hair instantly instead of removing it permanently and also seriously threaten your health with their side effects.

Procapil, on the other hand, is the only active ingredient that focuses solely on hair problems and is produced for this purpose and has no known side effects. Procapil takes an active role in the entire "hair care process" we mentioned above. First of all, it "stops hair loss" by inhibiting the formation of DHT, which is the main cause of hair loss, by suppressing the Oleanolic acid alpha-5-reductase enzyme that forms its structure.

Biotinil-GHK, the other ingredient in its structure, prolongs the hair growth cycle and ensures that the growing hair is permanent and does not fall out in the Telogen phase, thus increasing the rate of hair growth.

With the third component in its structure, Apigenin, it expands the vessels in the hair follicles, allowing more blood flow, thus providing more nutrition to the hair follicles, and thus making the hair stronger and thicker. It also increases the rate of new hair formation.

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Since shampoo is the first product that comes into contact with the hair and scalp that we use on a daily basis, it is important for the health of the new transplanted hair and scalp to look not only at its smell and the feeling it leaves after washing your hair, but also at its content when choosing a shampoo. Otherwise, your newly transplanted hair may be damaged and the hair follicles may be permanently damaged.

We see that even the most popular brands use substances such as SLS and SLES, which are proven to be harmful to human health, to create abundant foam. Your priority in choosing a shampoo should be to choose a "sulfate-free shampoo".

In order for your newly transplanted and existing hair to grow thicker and stronger, it will be to your advantage to use a shampoo that can directly affect the roots of your hair. Therefore, it is very important for your hair, scalp and skin health to use [hair regrowth shampoo](#) containing Procapil, the effect of which has been proven by clinical studies.

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Nowadays, shampoo alone is insufficient for hair care and there is a need to use additional hair care products. It is important to be more careful in choosing these products, especially after the hair transplant process, so that the transplanted hair and existing hair do not fall out and grow healthy.

While the most preferred hair care product is [hair regrowth lotion](#) (also known as tonic or spray) to nourish the hair follicles and strengthen existing hair, hair mousse used to shape and nourish the hair are also among the frequently used products.

Dermatologist doctor Öykü Çelen recommends the use of McG KAPIGEN products to people who have had hair transplant for the healthy growth of the transplanted hair and for the care of existing hair.

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