

New Book Release: "The Hypnotic Way" – Transforming Lives Through the Power of Hypnosis

Unveiling the Secrets of the Mind for Personal Growth and Empowerment

BELLEVUE, WASHINGTON, UNITED STATES, November 18, 2023

/EINPresswire.com/ -- Connie Brannan, CHt., an acclaimed hypnotherapist and Licensed Trainer of NLP®, is thrilled to announce the release of her new book, "[The Hypnotic Way](#)," now available on Amazon in Kindle and paperback formats. This groundbreaking book offers readers an in-depth exploration of the transformative power of hypnosis.

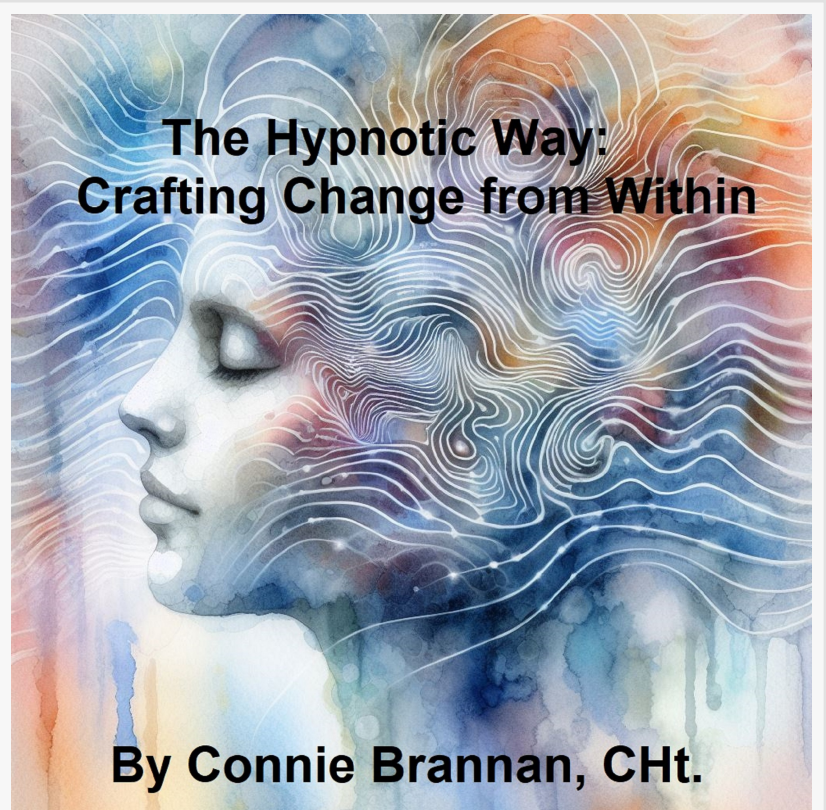
Connie Brannan comments on the release: "My goal with 'The Hypnotic Way' is to demystify hypnosis and shine a light on its power and success. It deserves to be higher on the 'go to' list of ways to achieve goals. I believe that harnessing the power of our subconscious minds is amazing and effective for any kind of personal transformation."

“

My goal with 'The Hypnotic Way' is to demystify hypnosis and shine a light on its power and success.”

Connie Brannan

"The Hypnotic Way" is drawn from Connie's years of experience and success in the field of hypnotherapy operating her clinical hypnosis clinic, [Mindworks Hypnosis & NLP](#), and state licensed career school, [Mindworks NLP](#). The book delves into the practical applications of hypnosis and NLP, offering readers unique insights into how these techniques can be used to foster personal growth and overcome life's challenges.



The Hypnotic Way

With a focus on accessibility, "The Hypnotic Way" is written for newcomers to the world of hypnosis. The book provides actionable guidance and real-world examples, demonstrating the profound impact hypnotherapy can have on improving mental health, breaking bad habits, and enhancing overall well-being.

Connie's expertise shines through in each chapter, making "The Hypnotic Way" an invaluable resource for anyone interested in the transformative potential of hypnotherapy. The book's release is timely, as more individuals seek alternative and holistic approaches to personal development and self-improvement.

"The Hypnotic Way" is more than just a book; it's a journey into the depths of the mind, offering a roadmap for those seeking to harness the power of their subconscious to effect positive change in their lives.

Available now on Amazon,

<https://www.amazon.com/dp/B0CNL2FWYM> "The Hypnotic

Way" promises to be a valuable addition to the libraries of those fascinated by the power of the mind and the potential of hypnotherapy.

Connie Brannan

Mindworks Hypnosis & NLP

+1 425-564-8608

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Instagram](#)

[YouTube](#)

[Other](#)



Connie Brannan, CHT. &
Licensed Trainer of NLP®

This press release can be viewed online at: <https://www.einpresswire.com/article/669461620>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

