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HOUSTON, TEXAS, UNITED STATES, November 19, 2023 /EINPresswire.com/ -- Introduction
The practice of seeking to appease the Navagrahas, or the nine celestial bodies in Hindu astrology, revolves around mitigating their potential influences on an individual's life. According to Vedic astrology, each planet embodies distinct energies and significances, impacting various facets of life. Remedies to pacify these planets involve rituals, prayers, gemstone suggestions, mantras, and specific practices aimed at harmonising or alleviating negative effects of planetary positions.

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Sun (Surya)

The Sun symbolises vitality, energy, authority, and paternal figures. To pacify the Sun, individuals engage in the following remedies:

Offering Water to the Sun: The act of presenting water to the rising sun at dawn is considered propitious.

Reciting Mantras: Chanting the Gayatri Mantra, dedicated to the Sun, is believed to be beneficial.

Wearing the Ruby Gemstone: After consulting an astrologer, wearing a ruby gemstone may balance the Sun's influence.

Moon (Chandra)

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The Moon embodied emotions, the mind, and nurturing qualities. To appease the Moon, individuals practise the following remedies:

Offering Milk: Pouring milk on a Shivaling or placing it in a silver vessel during moonrise is deemed advantageous.

Chanting the Chandra Mantra: Reciting this mantra is believed to help navigate lunar

influences.

Wearing the Pearl Gemstone: Wearing a pearl after consulting an astrologer can balance the Moon's influence.

Mars (Mangal)

Mars signifies courage, passion, and determination. To pacify Mars, individuals adopt these remedies:

Donating Red Items: Donating red-coloured items, especially on Tuesdays, is considered auspicious.

Reciting the Hanuman Chalisa: Chanting this or the Mangal Mantra may alleviate malefic effects of Mars.

Wearing the Coral Gemstone: After seeking guidance, wearing a coral gemstone can help balance Mars' influence.

Mercury (Budha)

Mercury symbolises intelligence, communication, and speech. To please Mercury, consider these remedies:

Donating Green Items: Offering green-coloured items or donating on Wednesdays is considered auspicious.

Chanting the Buddha Mantra: Reciting this mantra or the Vishnu Sahasranama can be beneficial.

Wearing the Emerald Gemstone: Wearing an emerald gemstone after consulting an astrologer can balance Mercury's influence.

Jupiter (Guru)

Jupiter embodies wisdom, prosperity, and expansion. To pacify Jupiter, consider these remedies:

Donating Yellow Items: Offering yellow-coloured items or clothes to priests on Thursdays is seen as favourable.

Chanting the Guru Mantra: Reciting this or the Vishnu Sahasranama can be beneficial.

Wearing the Yellow Sapphire Gemstone: After consulting an astrologer, wearing a yellow sapphire may balance Jupiter's influence.

Venus (Shukra)

Venus signifies love, luxury, and creativity. To please Venus, consider these remedies:

Donating White Items: Donating white-coloured items, particularly on Fridays, is considered auspicious.

Chanting the Shukra Mantra: Reciting this or the Lakshmi Mantra is believed to be beneficial.

Wearing the Diamond or White Sapphire Gemstone: Wearing a diamond or white sapphire after consulting an astrologer can help balance Venus' influence.

Saturn (Shani)

Saturn represents discipline, hard work, and karmic lessons. To pacify Saturn, consider these remedies:

Donating Black Items: Donating black-coloured items, especially on Saturdays, is considered favourable.

Chanting the Shani Mantra: Reciting this or the Hanuman Chalisa can be beneficial.

Wearing the Blue Sapphire Gemstone: After consulting an astrologer, wearing a blue sapphire may help balance Saturn's influence.

Rahu and Ketu

Rahu and Ketu are shadow planets signifying karmic influences. To pacify their effects, individuals turn to:

Rahu Mantra: Chanting the Rahu Mantra or Durga Mantra is believed to be beneficial for Rahu.

Ketu Mantra: Chanting the Ketu Mantra or Ganesh Mantra is considered helpful for Ketu.

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General Remedies

Yagya or Homas: Specific fire rituals or homas are believed to mitigate the influence of planetary positions.

Charity and Service: Engaging in charitable acts and selfless service is thought to help balance negative planetary effects.

Yantras and Talismans: Using specific yantras or talismans associated with each planet can also help alleviate their malefic effects.

Conclusion

These remedies are rooted in traditional practices and are meant to complement an individual's efforts when performed with sincerity and belief. Seeking guidance from a knowledgeable astrologer or pundit is crucial for personalised advice, considering the uniqueness of each person's astrological chart and planetary positions. Additionally, focusing on self-improvement, positive actions, and a healthy lifestyle can significantly contribute to overall well-being, regardless of planetary influences.

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