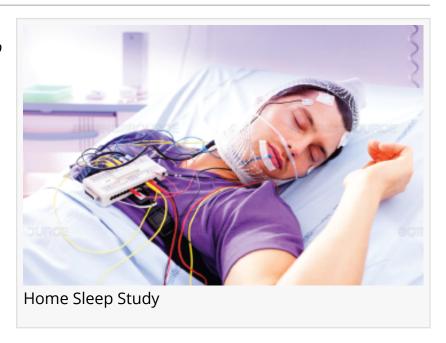


## Docs Medical Group Expands Services to Include Home Sleep Studies at West Hartford, CT

Docs Medical Group is thrilled to announce the introduction of Home Sleep Studies at its West Hartford location.

WEST HARTFORD, CONNECTICUT, USA, December 7, 2023 /EINPresswire.com/
-- Docs Medical Group is thrilled to announce the introduction of Home Sleep Studies at its West Hartford location, furthering its commitment to providing comprehensive and patient-centric healthcare services. This expansion empowers patients with a convenient and comfortable alternative for sleep assessments,



emphasizing the importance of prioritizing sleep health as an integral part of overall well-being.

Home Sleep Studies, now available at Docs Medical Group's West Hartford location, offer numerous benefits for patients:

Convenience: Patients can undergo sleep studies from the comfort of their own homes, eliminating the need for an overnight stay at a sleep center. This convenience is especially beneficial for those with busy schedules or mobility challenges.

Comfortable Environment: Home Sleep Studies provide a more natural sleep environment, contributing to more accurate results. Patients can sleep in their own beds, promoting a more relaxed and representative assessment of their sleep patterns.

Cost-Effective: Home Sleep Studies are a cost-effective alternative to traditional in-lab sleep studies. This affordability ensures that more individuals can access critical sleep assessments without compromising on quality.

Timely Results: The streamlined process of Home Sleep Studies allows for quicker turnaround

times on results. This enables healthcare providers to promptly address any sleep-related concerns and develop personalized treatment plans.

Dr. Sidana, CEO at Docs Medical Group, expressed enthusiasm about the addition of Home Sleep Studies, stating, "We are excited to offer Home Sleep Studies at our West Hartford location, providing our patients with a more accessible and patient-friendly option for sleep assessments. Quality sleep is fundamental to overall health, and this expansion aligns with our commitment to delivering comprehensive care tailored to the needs of our community." Docs Medical Group encourages individuals experiencing sleep-related issues, such as snoring, insomnia, or suspected sleep apnea, to consider the benefits of Home Sleep Studies. The process involves using a portable monitoring device provided by the healthcare team, which records key sleep parameters in the comfort of the patient's home.

For <u>more information about Home Sleep Studies</u> at the <u>West Hartford location of Docs Medical</u> <u>Group</u>, please contact: marketing@docsmedicalgroup.com

## **About Docs Medical Group**

At Docs Medical Group, we are driven by a profound commitment to the well-being of our community. For the past year, our organization has been a beacon of compassionate and collaborative healthcare across 20 locations in Connecticut. Our mission is rooted in a dedication to excellence, and we tirelessly strive to enhance the health and lives of those we serve.

Our patient-centered approach is not just a philosophy; it's the core of our existence. We believe that healthcare should be accessible to all, and our comprehensive range of services reflects this belief. From urgent, same-day care to specialized treatments such as allergy testing, sleep medicine, chiropractic care, and pulmonary care, Docs Medical Group is more than a healthcare provider – we are a partner in your journey to optimal health.

For more information, please visit www.docsmedicalgroup.com.

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