

Peabody, Danvers, and Surrounding Towns Welcome New Mental Health Treatment Location

Aster Mental Health Opens New Office Providing Evidenced-Based Treatments for Depression, Anxiety, ADHD, Postpartum, PTSD, OCD, and Bipolar Disorder

BRAINTREE, MA, UNITED STATES,
December 11, 2023 /

EINPresswire.com/ -- Aster Mental Health, a dedicated provider of [mental health treatments](#) and well-being, is proud to announce the grand opening of its [newest office](#) in Peabody, MA. This marks a significant step forward in our mission to provide cutting-edge treatments for individuals seeking medication management and therapy treatments for depression, anxiety, ADHD, Postpartum, PTSD, OCD, and bipolar disorder.



ASTER MENTAL HEALTH
PSYCHIATRY AND PSYCHOTHERAPY TREATMENT

Patients in Peabody and surrounding towns now have access to mental health care.

Aster Mental Health is committed to offering compassionate and effective care for those dealing with mental health challenges, and is in-network with most insurance companies. The new Peabody office is conveniently located on the outskirts of the Northshore Mall with quick access to Interstate 95 and Route 1, and will specialize in a range of evidence-based treatments, including:

“

Our world-class team of physicians, mental health counselors, social workers, & administrators stand ready to support individuals seeking mental health care in Peabody, Danvers, & surrounding towns.”

Shahzad Sims, D.O.

1. Holistic Wellness Program for Depression: Integrating medication management, therapeutic approaches, and Transcranial Magnetic Stimulation (TMS) and Esketamine (Spravato) to promote well-being.

2. Anxiety Management Protocol: Specialized interventions to alleviate symptoms and empower individuals to manage anxiety effectively.
3. OCD Recovery Plan: Comprehensive support for those dealing with obsessive-compulsive disorder, combining therapy and targeted interventions.
4. ADHD Support and Skill Development: Tailored medication management and therapies to enhance focus, organization, and overall well-being.
5. Postpartum Wellness Services: Specialized care for new mothers, addressing the unique challenges and emotions associated with the postpartum period.
6. PTSD Healing Program: Evidence-based therapies to assist individuals in overcoming the impact of traumatic experiences.
7. Bipolar Disorder Wellness Plan: Integrated care for individuals with bipolar disorder, encompassing medication management, psychoeducation, and lifestyle strategies.

"We are thrilled to bring our comprehensive mental health services to the heart of Peabody, Danvers, and surrounding towns. We have a world-class team of physicians, mental health counselors, social workers, and administrators ready to provide support for individuals seeking mental health care," said Dr. Shahrzad Sims, President and Chief Medical Officer at Aster Mental Health.

In conjunction with the grand opening, Aster Mental Health is offering [complementary consultations](#) for the individuals experiencing depression to discuss possible treatment options.

About Aster Mental Health

Aster Mental Health is an independent, female physician-owned private practice and a leader in mental health care, providing compassionate and comprehensive support for individuals dealing with a wide range of mental health diagnoses. We provide medication management, psychotherapy, and interventional psychiatry, including Transcranial Magnetic Stimulation (TMS) and Esketamine (Spravato), treatments. With a commitment to personalized care and evidence-based practices, Aster Mental Health aims to make a positive impact on the mental well-being of patients in the communities it serves.

Daniel Sims

Aster Mental Health

+1 617-299-2238

[email us here](#)

Visit us on social media:

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/673826979>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.