

# Celebrating the Impact of Yoga: Finalists Announced for First-Ever Yoga Teacher of the Year Award

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[ModernYogaTeacher.com](https://www.modernyogateacher.com) is proud to announce the finalists for its inaugural [Yoga Teacher of the Year award](#). This award acknowledges the remarkable individuals who have significantly contributed to the practice and teaching of yoga, touching lives both on and off the yoga mat.

According to the organization, the Yoga Teacher of the Year will be honored with numerous prizes and accolades, including a personalized award, a feature on the organization's website and social media, an exclusive opportunity to share their wisdom with the yoga community, and a \$1,000 grant to support their yoga teaching journey and personal development.

The finalists include five notable individuals who selflessly transform their local communities through yoga, those being:

1. Cory Berens: Specializing in yoga for children, Cory's passion lies in teaching preschoolers the benefits of using breath and body to stay calm. Motivated by her son's experience with Autism, Cory developed "Yogaforyoungsters," a course that introduces 2-4-year-olds to yoga poses and breathing techniques with a soft and calming voice, creating the perfect atmosphere for success. Visit [www.yogaforyoungsters.net](http://www.yogaforyoungsters.net) and @yoga\_foryoungsters.

2. Yash Godbole: Yash's traditional and inclusive classes cater to all body types, identities, and backgrounds. Known for incorporating pranayama breathing techniques, Yash offers classes free of charge for local communities. His transformative approach to yoga has made a significant impact on the lives of many, embodying inclusivity and empathy. Visit [www.deepyoga.com.au](http://www.deepyoga.com.au) and @deepyoga.au.

3. Jana Bolt: Jana has pioneered trauma-sensitive yoga through her business, Trauma Sensitive Space. Utilizing stunning cinematography from Lord Howe Island, her live and online classes have helped thousands worldwide heal through movement, mindfulness, and spoken word. Jana donates a percentage of profits to trauma-based charities, exemplifying dedication to her work. Visit [www.traumasensitivespace.com](http://www.traumasensitivespace.com) and @janaboltstagram.

4. Pilar Angarita: Offering three free community classes weekly on San Andres Island, Pilar mentors and supports her fellow yoga teachers. Her dedication to community engagement and

collaboration has made her a valuable resource. Pilar's welcoming spirit and commitment to the yoga community deserve recognition. Visit @pilar\_yoga65.

5. Clare Newman: Clare stands out not only for her expertise in teaching but also for setting the bar high with her unparalleled compassion and love for every student. A beacon of support, Clare derives immense joy from witnessing her students exceed their own expectations. Fearlessly leveraging her own vulnerability, she guides others toward success. A loving mother herself, Clare selflessly imparts the gift of tenderness and love to new mothers on their unique journeys. Her authenticity shines through, making her a genuine and invaluable asset to the world of yoga. Visit [www.mamatayoga.com](http://www.mamatayoga.com) and @mamatayoga.

"This award highlights the incredible work yoga teachers do every day," says [Ryan Rockwell](#), founder of ModernYogaTeacher.com. "Each finalist exemplifies the transformative power of yoga and its capacity to inspire change in individuals and communities alike. It truly is a celebration of their passion, dedication, and the positive ripple effect they create."

"Not only that," Rockwell continues, "but this is the first ever Yoga Teacher of the Year Award anywhere on the planet and at any point in history. This in of itself is a remarkable feat and makes the award all the more special."

ModernYogaTeacher.com invites readers to participate in this significant event by voting for their preferred teacher until December 20th, 2023. For more information or to cast a vote, reach out at [support@modernyogateacher.com](mailto:support@modernyogateacher.com) or call 720-361-6612.

#### About ModernYogaTeacher.com

Founded in 2015, ModernYogaTeacher.com has been a pioneering force, assisting over 115,000 yoga teachers globally in reaching a broader audience with the transformative message of yoga. Committed to empowering instructors to transition into full-time practitioners who love their work, the organization provides comprehensive resources, training programs, and a supportive community. Envisioning a world where yoga is accessible to all, ModernYogaTeacher.com fosters a global community of knowledgeable, compassionate, and empowered yoga teachers, inspiring positive change in individuals and communities.

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