

Bearded Fishermen Mental Health & Suicide Prevention Charity release a new Chart entry Single

This year we decided that we would try and get the message out by producing a new single. Showing that we need to look after the people we love and our friends.

GAINSBOROUGH, LINCOLNSHIRE, UNITED KINGDOM, December 11, 2023 /EINPresswire.com/ -- [Bearded Fishermen Charity](#) are a UK based charity offering mental health support and suicide prevention. They have been running for 4 years and have saved lives all over the UK as well as supporting thousands of people with their mental health, Running a 24/7 call centre as well as offering peer support and counselling services for free.

This year we decided that we would try and get the message out by producing a new single. We teamed up with SoundLINCS and University of Lincoln and approached Cat Winter to help. The song was written and sung by Cat with the help of local musicians and the choir from Lincoln university, It was produced by the students of the university in their own studios. The outcome was a collaboration of different people and has ended up an amazing song.

Called "Don't Be Silent Tonight" it has

Don't Be Silent Tonight

Cat Winter



Singer/Songwriter - Cat Winter



Bearded Fishermen Charity

been sent to all the major music sites like Amazon music, Apple music, iTunes, Deezer, tidal and Spotify and entered into the UK and United States charts.

The charity Chairman (Rick Roberts) and Vice-Chairman (Mick Leyland) have said "We are really hoping it does well and gets noticed by a lot of people around the world as this will highlight the need to help people and be there for one another, especially at this time of year when it can be a very lonely time"

This is the first time we have entered a song into the charts and we know this year is going to be hard going as so many worthy songs are coming out for Christmas and some very big names. We would love people to join in with this and help us to get the song out there.

Our Charity would love the opportunity to get the song into the right places and to be able to make sure that people will know its out there to be heard.

Headline by one magazine "A mental health-awareness song might not seem the most festive of recordings – but this low-key and emotive tune is an unexpectedly brilliant, vital Christmas message."

We are hoping that the song will also help to raise money for the charity and keep the vital support going that we need so much in this current worldwide mental health crisis, and with suicides being at its highest worldwide we need more and more support out there to help when people need it most not a year down the line.

Forbes in September 2023 wrote "How common is mental illness in the world 2023? Worldwide: Due to the COVID-19 pandemic, the number of anxiety and depressive disorders grew. Depressive symptoms grew from a base of about 193 million people worldwide to 246 million, which is about 28%. Anxiety disorders grew from about 298 million people affected to 374 million, which is about a 25% increase" People need charities like ours to be able to offer the help that's needed as all other forms of support like crisis lines and the UK`s NHS are too overwhelmed.

Richard Roberts

Bearded Fishermen Charity

+44 1427 433009

info@beardedfishermen.org.uk

Visit us on social media:

[Facebook](#)

[LinkedIn](#)

[Instagram](#)

[TikTok](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/674298888>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.