

## Kung Fu Lessons For Children In Rowville Good For Self-Defence & Improved Self-Confidence

Children beginning Kung Fu will find a healthy physical activity to occupy themselves with, in a way that brings out their potential in sport and character.

ROWVILLE, VIC, AUSTRALIA, December 28, 2023 /EINPresswire.com/ -- Parents of students partaking in Kung Fu lessons need not be burdened by the continuous run-around from facility to facility each week, as is the case with many team sports that are played on home or away grounds.



Children's Kung Fu Classes - Murrumbeena

The fact that Kung Fu operates within the school's own facilities, means that each lesson will take place in the same premises. Beyond the centres themselves, there are also opportunities to attend exciting events like tournaments and competitions, although these occurrences may be sporadic.



An experienced Kung Fu school is able to create captivating and fun teaching techniques, ensuring that young learners relish their educational journey."

Si Gung Richard

## https://www.goldenlion.com.au/

One of the longest running Kung Fu clubs in <u>Rowville</u> is the Golden Lion Academy. Golden Lion has the reputation of 50 Years experience of Kung Fu education, originally based in Murrumbeena. Their specialist style offers a distinctive approach to children's martial arts education.

The aim of Kung Fu as a sport for children is to make it an accessible and enjoyable pursuit for children. As the child begins to understand their goals, they begin to foster an intent to stay healthy so that they can progress further and faster.

This positive awareness has a flow-on effect to their surrounding community as more young

people become involved in healthy, self-growth endeavours as opposed to destructive activities that could otherwise cause problems to the community at large.

Feeling Good Within Themselves and Towards Their Community

An experienced Kung Fu school is able to create captivating and fun teaching techniques, ensuring that young learners relish their educational journey.

The grading systems in Kung Fu allow the children to see their own progress in a tangible way that is encouraging to them as they observe their own success. For parents and educators, it is possible to see the transformation of fitness that children gain as they progress in their training, observing an increase in focus, discipline, and respect.

Children learning Kung Fu are able to acquire a profound appreciation for qualities like perseverance and hard work, which prove to be valuable not only in the realm of martial arts but also in everyday-life scenarios.



Golden Lion-Kung - Children Ages 6 years + Murrumbeena

Berwick - Rowville - Murrumbeena

Kung Fu training not only serves health and fitness for children, but also acts as an instrument in shaping a child's character and personality.

Questions That Parents Have In Relation To Their Child Starting Kung Fu:

Will Children Have Fun While Learning Such A Disciplined Activity Like Kung Fu? Depending on the experience and the quality of the school, Kung Fu lessons for children are meticulously crafted to cater to their distinct needs. The utmost priority is to not only ensure their quality training, but also to provide it in an enjoyable environment.

Would The <u>Children's Kung Fu Lessons</u> in Rowville be too challenging for my child? Rest assured. Professional schools ensure that children are supervised and coached every step of the way. Grading systems are thoughtfully designed to provide children with a sense of accomplishment as they advance.

Professional schools also have instructors who are not only accomplished martial artists but they also possess extensive experience in working with children. They possess the expertise to make lessons fun and engaging as well as comprehensible for young minds.

For example, a Kung Fu school like the Golden Lion in Rowville has experienced Masters such as 7th Degree Gold Belt Senior - Master Si Gung Richard Tsui-Po, who are able to bring extensive knowledge to their specialised field of Kung Fu training.

## Tailored Age Groups for children

Many schools create classes that cater for children within their appropriate age group. The lessons are thoughtfully divided into groups, ensuring an environment that is both age-appropriate and fun. This structure can allow children to progress at their own pace, ensuring each class remains dynamic and captivating.

Customised Training Aids In Positive Lifetime Health & Fitness Habits:

Recognising the individuality of each child, they provide customised training programs. These are designed to meet the specific needs and capabilities of every young learner, reflecting our belief in the unique potential of each child.

This journey to a highly trained martial artist is gradual, yet the impact is transformative. Through Kung Fu, children gain more than martial arts skills, they learn invaluable life lessons, gain self-awareness, and understand their role in the larger world.

Consider enrolling your child in Rowville Kung Fu School as an opportunity for them to develop self-discipline, respect, and a passion for continuous learning. Kung Fu is more than martial arts, it's a nurturing ground for holistic growth in ways that extend far beyond physical prowess.

Golden Lion's Facilities cater to children 6 years+ in Rowville, Hughesdale, Carnegie, Chadstone, Oakleigh, and surrounding suburbs.

Get A Free Class & Free Uniform. Contact Golden Lion On: (03) 9796 1066 or visit: <a href="https://www.goldenlion.com.au/events/locations/rowville-centre/">https://www.goldenlion.com.au/events/locations/rowville-centre/</a>

Richard Tsui-Po Golden Lion Academy - Martial Arts +61397961066 ext. admin@goldenlion.com.au Visit us on social media:

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