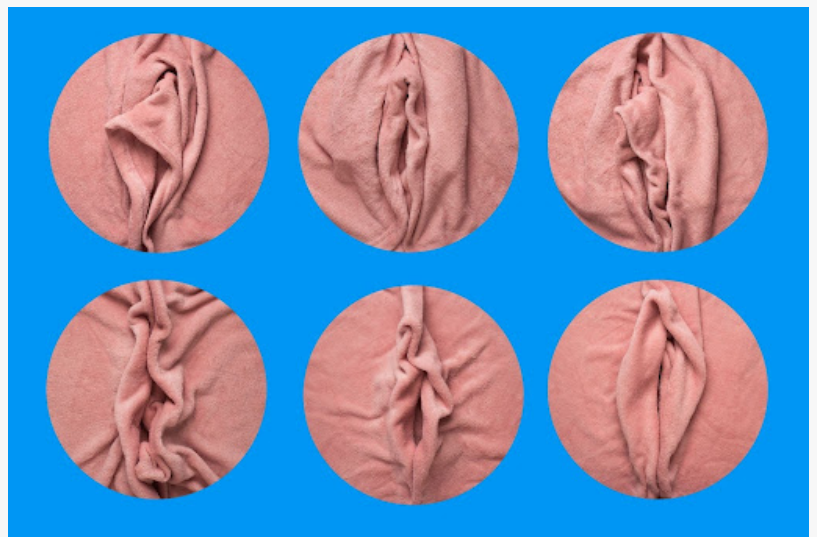


# Renowned Cosmetic Surgeon, Dr. Penelope Treece, MD, Sheds Light on the Labiaplasty Procedure

*Dr. Penelope Treece of Southern Aesthetics shares educational information on labiaplasty, what to expect during the procedure, and what the recovery looks like.*

NEW ORLEANS, LOUISIANA, UNITED STATES, December 28, 2023 /EINPresswire.com/ -- [Dr. Penelope Treece, MD](#), a respected figure in the field of cosmetic surgery and owner of [Southern Aesthetics](#), is pleased to share insights into the [labiaplasty procedure](#), a transformative surgery that addresses both functional and aesthetic concerns. With a commitment to patient well-being, Dr. Treece provides a comprehensive overview of what patients can expect during the surgery and the subsequent recovery process.



Knowing what to expect with a labiaplasty procedure is essential to making an educated decision.

## Understanding Labiaplasty

Labiaplasty is a cosmetic surgical procedure designed to reshape and rejuvenate the labia, the folds of skin surrounding the vulva. "Despite societal taboos, labiaplasty is sought for various valid reasons. Patients often choose this procedure to alleviate physical discomfort, enhance self-confidence, and address functional concerns," she explains. Dr. Treece fosters a judgment-free environment, encouraging open dialogue to empower women in making decisions that positively impact their overall well-being. Dr. Treece emphasizes the importance of open communication during the initial consultation to understand each patient's unique goals and concerns.

## The Surgery Process

The journey begins with a personalized consultation where Dr. Treece collaborates with the patient to create a tailored treatment plan. This ensures that the procedure aligns with the patient's expectations and addresses their specific needs.

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*Dr. Penelope Treece, MD*

During the surgery, patients are typically placed under general anesthesia or sedation, ensuring a comfortable and pain-free experience. Dr. Treece employs advanced surgical techniques to carefully trim and reshape the labia minora or majora, depending on the patient's individual anatomy and desired outcomes.

The use of advanced techniques helps minimize discomfort and reduce recovery time. Dr. Treece's expertise allows for precise incisions, resulting in a natural appearance while preserving sensation and functionality.

## The Recovery Process

Following the procedure, patients receive thorough post-operative care instructions. The Southern Aesthetics team, under Dr. Treece's guidance, is dedicated to providing ongoing support during the recovery period.

Patients can expect some swelling and discomfort initially, but these effects typically subside within a few days to weeks. Dr. Treece advises on post-operative care measures to optimize healing. Most patients can resume normal activities, including work, within a week, with strenuous activities postponed for a few weeks.

The final results of labiaplasty become more apparent as swelling decreases, usually within a few days. Dr. Treece emphasizes the importance of patience during the recovery process, assuring patients that the long-term results will enhance both form and function.

## Patient-Centric Approach

Dr. Penelope Treece, MD, advocates for a patient-centric approach, prioritizing open communication, comfort, and individualized care. “Understanding the intricacies of the labiaplasty procedure empowers women to make informed decisions about their bodies and well-being,” states Dr. Treece.

## About Southern Aesthetics:

Southern Aesthetics dedicates its practice to providing the highest level of quality in cosmetic surgery in a beautiful, comfortable, safe, and private environment. We have a dedicated, professional, and caring team in Metairie that takes pride in bringing out the you in be.YOU.tiful.

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