

# Southern Aesthetics Navigates the Controversy and Critiques Of The Trendy Thread Lift Procedure

*Dr. Penelope Treece, MD, of Southern Aesthetics highlights drawbacks of thread lifts, emphasizing temporary results, potential asymmetry, and complications.*

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[Aesthetics](#), a distinguished cosmetic surgery practice headquartered in New Orleans, is taking a proactive stance on the evolving discourse surrounding thread lifts, providing comprehensive insights into this fashionable cosmetic procedure. "As a cosmetic surgeon, I understand the allure of thread lifts for their promise of a quick lift without the downtime of surgery. However, it's crucial to approach these procedures with caution," states [Dr. Penelope Treece, MD](#), of Southern Aesthetics.



Being well-informed on the thread lift procedure is essential to deciding whether or not it truly is the best option for a lift.

## Understanding Thread Lifts

Thread lifts, often marketed as "lunchtime facelifts," have garnered widespread attention for their promise of a minimally invasive solution to address sagging skin. This technique involves the insertion of dissolvable threads, made from materials like polydioxanone (PDO), inserted beneath the skin to lift and reposition tissues, promising a non-surgical facelift with minimal downtime. beneath the skin's surface, intending to lift and reposition tissues, presenting an appealing alternative to surgical interventions. Thread lifts can be applied to address different areas of the face, including the forehead, eyebrows, cheeks, jawline, and neck, along with some using thread lifts in body parts like the arms, abdomen, thighs, and buttocks.

## The Drawbacks

Dr. Penelope Treece, Founder and Lead Surgeon at Southern Aesthetics, delves into the nuanced drawbacks associated with thread lifts, emphasizing key considerations for potential candidates.



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One of the primary concerns lies in the temporality of thread lift results. While initially providing a rejuvenated appearance, the dissolvable nature of the threads means the effects are transient, necessitating repeated procedures to maintain the desired outcome.

Furthermore, the potential for uneven results poses a significant challenge. Achieving symmetry in thread lifts can be intricate, leading to imbalances that may compromise the natural aesthetic sought by patients. Dr. Penelope Treece underscores the importance of meticulous execution and the skillful distribution of

tension during the procedure to mitigate this risk.

In addition, the risk of complications cannot be overlooked. While thread lifts are generally considered safe, there exists the potential for infection, scarring, and, in some cases, the threads becoming visible or palpable beneath the skin. Southern Aesthetics aims to ensure that individuals contemplating thread lifts are well-informed about these potential complications, emphasizing the necessity of choosing a reputable and experienced practitioner.

### Preferred Alternatives

In light of these considerations, Southern Aesthetics advocates exploring alternatives that provide more comprehensive and enduring results. Dermal fillers, Botox, surgical facelifts, and non-surgical facelift options like Renuvion, present viable alternatives, each tailored to address specific aesthetic concerns with a focus on longevity and symmetry. "Not surprisingly, no minimally invasive procedure is better than a surgical facelift," says Dr. Treece. She also emphasizes that she is not the only doctor out there who doesn't like to push thread lifts as a good option.

### A Well-Informed Decision

Dr. Penelope Treece concludes by emphasizing that the pursuit of aesthetic goals requires careful consideration and informed decision-making. Southern Aesthetics remains committed to guiding patients toward solutions that align with their values, offering a personalized and transparent approach to the transformative journey of cosmetic enhancement.

Southern Aesthetics invites individuals to embark on their cosmetic journey with a commitment to thorough patient education and empowerment. The clinic's expertise lies in providing guidance and insights that empower patients to make well-informed decisions aligned with their values and desired outcomes.

About Southern Aesthetics:

Southern Aesthetics dedicates its practice to providing the highest level of quality in cosmetic surgery in a beautiful, comfortable, safe, and private environment. We have a dedicated, professional, and caring team in Metairie that takes pride in bringing out the you in be.YOU.tiful.

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