

Wondercide provides tips for finding the motivation to organize and clean.

Overcoming Motivational Hurdles When Resolving to Organize.

AUSTIN, TX, USA, January 10, 2024 /EINPresswire.com/ -- January! Synonymous with fresh starts and New Year's resolutions, the month sparks a collective drive for self-improvement and renewal. January stands as a beacon for those determined to revamp their lifestyles, with home organization as one of the top on the list of popular resolutions. While the process of getting organized may appear to be simple, motivation to get started and to remain diligent can be



Along with the cleaning and organizing process comes bug killing and repelling. Wondercide's Indoor Pest Control for Home + Kitchen does the job with the power of plants.

the hardest part. <u>Wondercide</u> offers tips and advice on how to maneuver through the challenges that accompany home organization.

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Demand for Wondercide Indoor Pest Control surges during closet and pantry cleanouts, effectively combating moths and roaches. Top scents: Peppermint, Cedarwood." John Gunning, Wondercide's chief growth officer The home environment affects mental health. One way to boost motivation to get organized is to know the benefits, beyond having the home look great. A resounding benefit is mental health, with positive effects on mental clarity and overall well-being. Princeton University conducted a study that suggests that a person's environment can positively or negatively affect their overall mental health and impact their ability to achieve goals or complete tasks. According to the study, a cluttered space can translate to a cluttered mind. Another study by the University of Connecticut found that eliminating clutter can help eliminate stress and boost self-esteem as well as

general happiness. An organized home can also lead to savings. How? Because everything is in its place and easily found, the risk of purchasing duplicate products is decreased.

Celebrating victories, one step at a time.

The first step to jumpstarting January with home organization is to set goals and to understand that each step is a triumph. Crafting a vision for the ideal home set-up offers a clear roadmap to the end goal, providing a picture to aspire towards throughout the organizing process. Next, break it down room by room, starting small. Begin with reorganizing a single area of the home, and upon completion, proceed to the next space. Celebrate the small victories. Taking time to appreciate the



Cedarwood, Peppermint, Lemongrass, and Rosemary are four great Wondercide scents that people love, and bugs hate.

work that has already been done will improve motivation to continue the process.

Enhancing home organization: tools, cleanliness, and aesthetics for a healthier space. The right items play a big role in the cleaning and organizing process. Investments in shelves, baskets, bins, and labels will make it much easier to get and stay organized. They can also add aesthetic appeal to the space.

It's common for closets and spaces to have dust, cobwebs, and other tell-tale signs of insects. This is the time to wipe down the space and kill insects that could be dwelling in hidden spaces. Using Wondercide's indoor sprays helps kill bugs and the scent is pleasant. Scent is another motivating factor to get and stay organized.

"We see an uptick in sales of Wondercide's <u>Indoor Pest Control</u> as people clean out their closets and pantries, killing bugs like moths that eat sweaters and burrow into foods or roaches that somehow always find a way inside the home. The season's most popular scents are Peppermint and Cedarwood," says Wondercide's chief growth officer, John Gunning.

A little bit each day goes a long way.

Embrace the process of keeping the home clean and organized as a refreshing and rewarding routine, an opportunity to continually renew and enhance the living space. A little goes a long way. Frequently do small amounts of tidying and decluttering, while keeping the space clear of bugs in every season. Music helps too – even if it's cleaning and organizing for the length of two songs. Consistency is winning. A clean home is a peaceful home and can boost the mental health of all those who enter it – for the ultimate goal of enjoying it.

About Wondercide

As seen on Shark Tank, Wondercide is an Austin-based company that has protected almost 3

million families from bugs since 2009, and the ticker is still running! The company provides plantpowered, lab-proven solutions for those looking for alternatives to conventional pest control products and services. Wondercide's pest protection lineup is safe around the whole family when used as directed and meets the same effectiveness standards required for conventional products, harnessing the power of nature to do the job.

As a Green America Gold Certified business for high standards in social and environmental impact, the company is woman-founded and driven by Fierce Love[®] to help you Protect Your Pack[®] – pets, family, homes, indoors and outdoors, and everything in between. Products are available at Wondercide.com, Amazon, Chewy, and independent retailers in the USA. Come be part of our pack at Wondercide.com, Instagram, Facebook, TikTok, Twitter, Pinterest, YouTube, and LinkedIn.

Affiliate available through Amazon and for Wondercide.com through <u>ShareASale</u> or Aspire.

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