

Diversity Resolutions Start 2024 on Positive Note

The diversity resolutions micro challenge, by Culture Coach International, is back. The challenge invites people to take micro-actions to improve their lives.

NORTH ANDOVER, MA, UNITED STATES, January 9, 2024 /EINPresswire.com/ -- The annual free

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People are surprised that such small adjustments to their communication can radically change the outcomes of their interactions.” Kari Heistad, CEO of Culture Coach International”

Kari Heistad, CEO of Culture Coach International

[diversity](#) resolutions micro challenge, offered by Culture Coach International, is back for January 2024. The challenge invites diversity champions to incorporate small [micro-actions](#) into their daily lives each week for the month of January.

Micro-actions are small efforts that are woven into daily interactions. They are part of a trend within the diversity, equity and [inclusion](#) (DEI) space to empower individuals to create changes in their interactions in small but significant ways.

The four topics featured in the 2024 micro challenge are:

Being an Upstander, Excellence, Innovation, and Supporting Diversity Months.

Previous challenge participants reported an overwhelmingly positive impact from their weeks of taking micro-actions:

- “Getting input from each person on my team allowed us to explore new ideas”
- “I found people valued being asked for their expertise”
- “When I asked open-ended questions, I was able to check for understanding”

For more information or to register for the program, which runs through January 29th, please visit: <https://deiboxx.com/micro-challenge>

Join other diversity champions by using diversity resolutions to create positive change in 2024.

Culture Coach International is a consulting, training and strategy company focusing on diversity, equity and inclusion. The company has two product lines of micro-learning: The Diversity Library and the DEI Medic which are innovative tools that can be understood and used in less than 15

minutes and they can be found at DEIBoxx.com




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Diversity Challenge

4 Micro-Actions to make change in Four Weeks

It's 2024, time to build inclusion using small actions with immediate and big positive impacts.

FOR YOU Grow your inclusive communication and leadership skills 	FOR OTHERS Show customers and coworkers they're valued 	FOR ORGANIZATIONS Build an inclusive and welcoming culture 
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Strengthen your inclusive skills and make a difference in 2024. How? By following these simple steps over the next four weeks:

1. Read weekly email with attached PDF containing topic overview and Micro-Actions
2. Choose a micro-action to practice
3. Complete 4 different micro-actions in four weeks
4. Share your results via the survey


Weekly Topics with Featured Actions


- Being an Upstander
- Excellence
- Diversity and Innovation
- Supporting Diversity Months

Visit [DEIBoxx.com](#) by January 12th to sign up

Upon successful completion of the Diversity Challenge, you'll receive a PDF of our [Pocket Guide to Inclusion in 2024](#) that includes tips on:

▪ Psychological Safety	▪ Micro-Aggressions
▪ Addressing Fears About DEI	▪ Difficult Conversations
▪ Micro-Learning	▪ Navigating Politics
▪ Increasing Employee Engagement	▪ Budget Negotiations



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