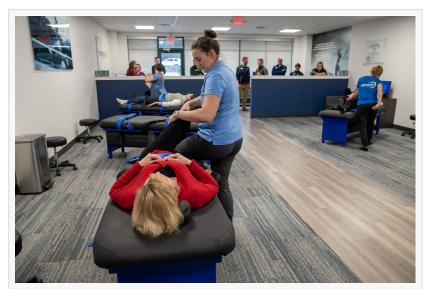


## New Stretch Zone Facility Enhances Flexibility and Wellness in Springfield, MO

Springfield residents now have a cuttingedge resource to optimize their overall wellness with the grand opening of Stretch Zone, a premier stretching studio.

SPRINGFIELD, MISSSOURI, UNITED STATES, January 10, 2024 /EINPresswire.com/ -- Springfield residents now have a resource to optimize their flexibility and overall wellness with the grand opening of Stretch Zone, a premier stretching studio located at 2924 S. Lone Pine Ave, Springfield, MO 65804. This state-of-the-art facility offers a unique approach to assisted stretching,



Practitioner- Assisted Stretching Demonstration - Stretch Zone Springfield

designed to enhance mobility, improve posture, and reduce muscle tension.

At Stretch Zone, our certified practitioners employ a proprietary stretching method, targeting key muscle groups to unlock the body's full range of motion. Whether you are an athlete looking to

"

We're thrilled to bring Stretch Zone to Springfield and introduce our innovative approach to stretching. Our goal is to empower people to move more freely and achieve their health and fitness goals."

Chris Blaine

improve performance, a fitness enthusiast seeking greater flexibility, or someone simply looking to alleviate everyday aches and pains, Stretch Zone provides personalized stretching sessions tailored to individual needs.

Chris Blaine, Owner of Stretch Zone in Springfield, expressed enthusiasm about the studio's debut, stating, "We are thrilled to bring Stretch Zone to Springfield and introduce our innovative approach to stretching. Our goal is to empower individuals to move more freely, improve their overall well-being, and achieve their health and fitness goals."

The studio's inviting atmosphere, combined with a team of skilled stretch practitioners, ensures

a comfortable and effective stretching experience for clients of all ages and fitness levels. With flexible scheduling options and a commitment to personalized care, Stretch Zone aims to make assisted stretching an accessible and integral part of Springfield's wellness landscape.

To celebrate the grand opening, Stretch Zone is offering prospective clients a complimentary stretch and range of motion assessment. Interested individuals can visit our website at <a href="https://www.stretchzone.com/locations/east-springfield-mo">https://www.stretchzone.com/locations/east-springfield-mo</a> or call 417-444-5121 to schedule their complimentary demo and range of motion assessment.

About Stretch Zone: Stretch Zone is a leading stretching studio that utilizes a unique and scientifically-backed method to improve flexibility, enhance mobility, and promote overall wellness. With locations across the country, Stretch Zone is dedicated to helping individuals of all fitness levels achieve their health and performance goals through personalized stretching sessions.

Chris Blaine
Stretch Zone - Springfield, MO
+1 417-444-5121
eastspringfield@stretchzone.com
Visit us on social media:
Facebook
Instagram

This press release can be viewed online at: https://www.einpresswire.com/article/680123622

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information. © 1995-2024 Newsmatics Inc. All Right Reserved.