

# Show Notes from the New Year's Resolutions Webinar

*American IRA's most recent webinar discusses some important financial New Year's Resolutions.*

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/EINPresswire.com/ -- Every year

around this time, people tend to

become more accepting of change,

new ideas or new habits as a new year

opens. Most people make "New Year's Resolutions" and attempt to change their eating habits or exercise more. How many of those have been broken already 10 days in?



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But what about financial health? Coming out of the Christmas season is usually a time where most clutch their cash to recover from holiday spending. What if there was a New Year's resolution list to ensure your financial health around retirement is fit as an A Class athlete? In this webinar, IRA Café discussed just that.

Link to Webinar Recording: [https://americanira.zoom.us/rec/share/prMCUkn-xFPiRm1CmD\\_nCiTN2hdoMdR4NQEBhGKu3Vj5vOTiguQpYY90yUqudCGV.Z8aaJ5xuKY-joyGP](https://americanira.zoom.us/rec/share/prMCUkn-xFPiRm1CmD_nCiTN2hdoMdR4NQEBhGKu3Vj5vOTiguQpYY90yUqudCGV.Z8aaJ5xuKY-joyGP)

Be aware and able to identify RMD obligations (if any)

Get all account(s) in shape

Place emphasis on investing

Mitigate Risk Factors/ Declutter the Financial Junk Drawer

Work with a reputable Self-Directed IRA administration firm

To learn more about the start of the year financial housekeeping tasks, interested parties can seek out the [post](#) at [www.AmericanIRA.com](http://www.AmericanIRA.com), where American IRA regularly updates its blog with [information](#) about retirement investing, private notes, and more. Additionally, call American IRA directly by dialing 866-7500-IRA(472).

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