

"Leslie Kain's Award-Winning Psychological Drama Series: 'Secrets In The Mirror' and 'What Lies Buried'"

Dysfunction and Redemption: Leslie Kain's Award-Winning Drama Series Explores Family, Mental Health, and Self-Discovery"

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/EINPresswire.com/ -- Renowned author [Leslie Kain](#) captivates readers with her compelling psychological drama series, featuring the multi-award-winning "[Secrets In The Mirror](#)" and its highly anticipated sequel, "[What Lies Buried](#)." Both novels delve into the complexities of dysfunctional families, psychological struggles, and the delicate balance between saving others and saving oneself.

"Secrets In The Mirror" explores the tumultuous journey of Gavin, battling self-esteem issues inflicted by familial dynamics. In this gripping tale, Leslie Kain addresses the impact of narcissistic abuse and familial struggles, forcing Gavin to confront his past and present to protect his new family. The narrative skillfully weaves through the intricacies of family ties, societal pressures, and the consequences of self-destructive paths.

With the upcoming release of "What Lies Buried," Leslie Kain continues the saga, focusing on Gavin's battle with Complex PTSD and the strain it places on his marriage with Katie. As the couple faces the challenges of Gavin's triggers and family secrets, Kain masterfully portrays the delicate balance between personal healing and maintaining relationships. The narrative takes an emotional journey through the characters' struggles, offering a poignant exploration of self-discovery and the impact of multigenerational dysfunction.

Leslie Kain, a seasoned author with a background in psychology, brings a unique perspective to her fiction. Her debut novel, "Secrets In The Mirror," received numerous accolades, establishing

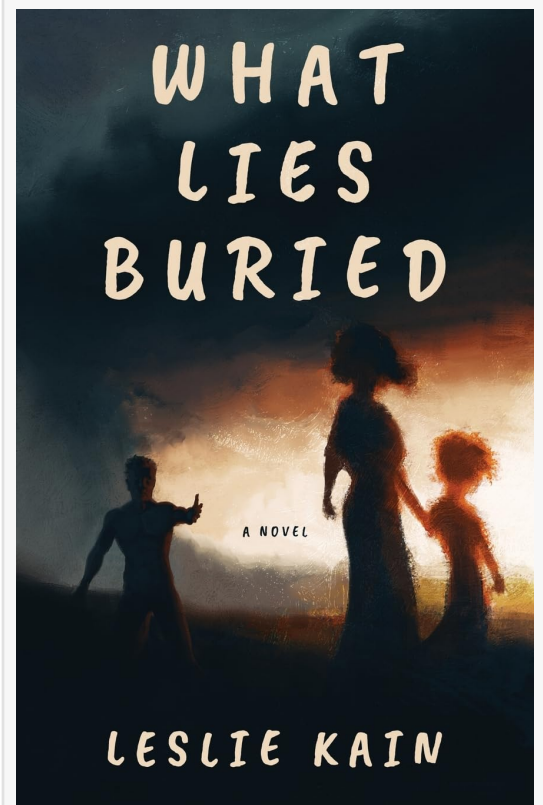
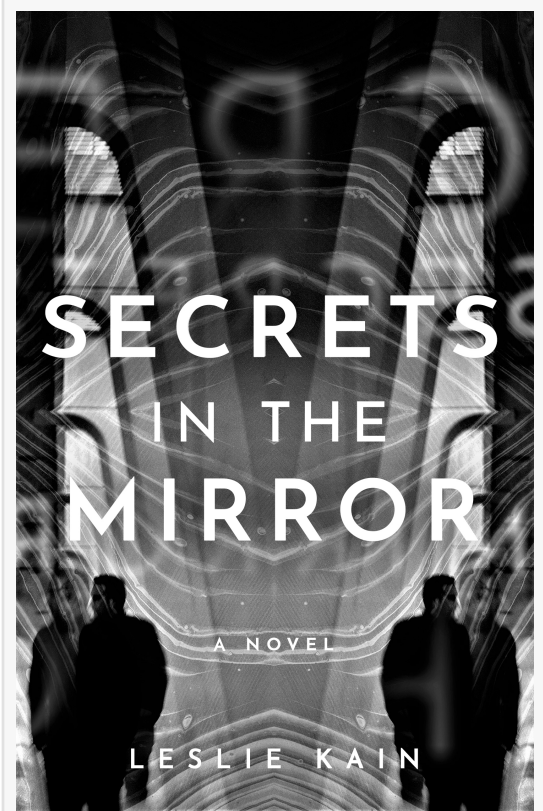


her as a notable voice in the psychological fiction genre. As a member of the Women's Fiction Writers Association (WFWA), Kain continues to leverage her education and experience to craft stories that delve into inner conflicts and emotional transformations.


"I was inspired to explore the impact of mental health disorders on individuals and families," says Kain. "Both 'Secrets In The Mirror' and 'What Lies Buried' grapple with the imperative to save others versus the struggle to save oneself, offering readers a thought-provoking and emotionally charged experience."

Readers can connect with Leslie Kain and explore more about the series on her website: <https://lesliekain-psychfiction.com>.

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Psychological Fiction



Secrets In The Mirror
by Leslie Kain

"A suspensefully entertaining story about the relentless drive to preserve a family, no matter how troubled it may be... Toss the fine line between sympathetic and terrifying."
—*Indies Today* 5-stars



With Heart

What Lies Buried

...doesn't stay buried

A lifetime of emotional abuse and traumatic violence... He now battles the triggers of Complex PTSD, and danger. She tries to save him, their marriage, their child,...and realizes she must also save herself.

But must she choose between saving the man she loves, or becoming the person she is only now discovering?

↓ Coming Next, May 2024 ↓

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