

CDAHK Announces Pivotal Study on Atypical Breast Cancer Presentation During Pregnancy

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HONG KONG, CHINA, February 7, 2024 /EINPresswire.com/ -- The Chiropractic Doctors Association of Hong Kong ([CDAHK](#)) is honored to announce a contribution to women's health and oncology through an insightful case study. The study titled "Metastatic Breast Cancer Presenting As Neck Pain in a Pregnant Patient" has been published in the *Cureus Medical Journal*, highlighting a rare but critical intersection of chiropractic care and oncology [1].


The study documents the case of a 36-year-old pregnant woman who experienced severe and persistent neck pain, initially attributed to pregnancy-related musculoskeletal strain. Postpartum persistence of symptoms prompted further investigation at [New York Medical Group](#), revealing metastatic breast cancer to the cervical spine. The multidisciplinary approach, including radiation therapy, chemotherapy, and chiropractic interventions, significantly improved the patient's pain, mobility, strength, and overall quality of life.

Unveiling Diagnostic Challenges:

Breast cancer during pregnancy (BCP) is a rare yet the most common gestational malignancy, which often presents diagnostic challenges due to physiological changes that can obscure tumor detection. This case study emphasizes the importance of a thorough evaluation of unexplained symptoms in pregnant and postpartum women to exclude sinister pathologies.

The Role of Chiropractic Care:

While not directly involved in cancer treatment, chiropractic care played a pivotal role in managing the patient's pain and mobility, reinforcing the essential contribution of chiropractors in multidisciplinary healthcare teams. Chiropractor's quick referral for oncological evaluation exemplifies the importance of chiropractors recognizing subtle warning signs and maintaining a broad differential diagnosis [2-4].



Rare Case of Metastatic Breast Cancer During Pregnancy

Chiropractic Clinic

- 36-year-old in third trimester with severe neck pain persisting postpartum
- Significant impact on quality of life

Diagnosis

- Limited cervical motion detected
- MRI showed spinal lesions
- Biopsy confirmed metastatic breast cancer

Treatment/ Care

- Combined treatment with radiation, chemotherapy, NSAIDs
- Chiropractic care for pain management
- Physical rehabilitation to aid recovery

The Role of Chiropractors

- Crucial in diagnosis and pain management
- Awareness of atypical symptoms in pregnant patients

Conclusion

Essential role of advanced imaging in unexpected symptoms

Multidisciplinary approach key to management

Cite this article as: Chi E, Yun S (January 01, 2024) Metastatic Breast Cancer Presenting As Neck Pain in a Pregnant Patient, *Cureus* 16(1): e51444. doi:10.7759/cureus.51444

Metastatic Breast Cancer Presenting As Neck Pain in a Pregnant Patient

This case report showcases the critical need for interdisciplinary communication and collaboration. "The combined expertise of oncologists, radiologists, and chiropractors facilitated a timely diagnosis and comprehensive care plan, which proved life-altering for the patient", said by Dr Eric Chu, the lead author and chairman of CDAHK. Chu was listed as the "The Most Prolific Authors of Chiropractic Case Reports" in Chiropractic & Manual Therapies journal [5] and is also recognized as the "World's Most Prodigious Authors" by the [World Federation of Chiropractic](#)'s World Quarterly Report. His extensive work continues to foster a deeper understanding of complex medical presentations and the integral role of chiropractic care in the holistic management of such conditions.

A Call for Further Research and Education:

The CDAHK recognizes this study as a call to action for further research into optimal diagnostic protocols and the integration of supportive care for complex cases involving cancer during pregnancy. It also underscores the need for healthcare providers to maintain a low threshold for advanced imaging in the presence of unexplained musculoskeletal symptoms in vulnerable populations. The study is a testament to the critical role of clinical judgment in guiding appropriate imaging to exclude sinister pathology and the value of coordinated care among healthcare providers from various specialties in optimizing patient outcomes. This case report contributes valuable education to the students at the Hong Kong



Chiropractic Doctors Association of Hong Kong



Hong Kong College of Chiropractic (McTimoney Chiropractic College)

College of Chiropractic on atypical presentations of breast cancer metastasis in pregnancy and paves the way for enhanced patient care protocols.

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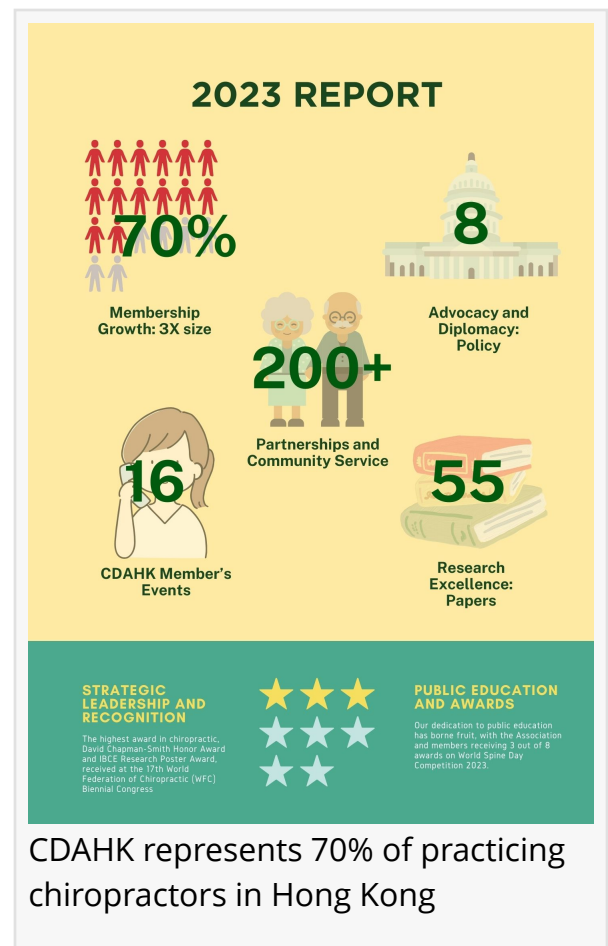
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Outstanding service recognized with David Chapman-Smith Honor Awards at WFC Congress

Two outstanding servants of the chiropractic profession have been recognized with WFC David Chapman-Smith Honor Awards during the 17th WFC Congress, held in Gold Coast, Australia.

At a glittering gala and awards dinner, Drs Eric Chu (Hong Kong SAR) and Claire Johnson (United States) were both presented with the WFC David Chapman-Smith Honor Award at the WFC Congress, held on Australia's Gold Coast.

WFC President, Dr John Maltby, read out citations for both recipients before presenting the crystal glass awards. Neither Dr Chu nor Dr Johnson were aware that they would be receiving an award until they were announced.

Dr Eric Chu is the Chairperson of the Chiropractic Association of Hong Kong. As an entrepreneur, businessman, mentor and leader, he was recognized for his contribution to the growth of the chiropractic profession across the WFC Asia region and his humanitarian efforts with UNICEF and the UN SDGs.

A tireless advocate for World Spine Day, Dr Chu's efforts in the area of public health were also recognized, as well as his contribution to published case reports, where he is highly ranked as one of



Eric Chu (front) is the Chair of the Chiropractic Doctors Association of Hong Kong.



Claire Johnson chairs the WFC Public Health Committee, is the Editor-in-Chief of JNPT, JCH and JCM and is a director of Brighthall Inc.

the most prodigious authors.

Dr Claire Johnson serves as the chair of the WFC Public Health Committee. A professor at National University of Health Sciences, she serves as the Editor-in-Chief of three peer reviewed journals dedicated to chiropractic research.

As a co-director of Brighthall Inc, she plays a major role in the WFC Congress scientific tracks, coordinating the call for abstracts, peer review and NCMC Paper competitions.

She has previously been recognized by the American Chiropractic Association for her work in sports chiropractic and is a long-standing member of the chiropractic division of the American Public Health Association.

The accolades are the highest award the WFC has in its power to give and recognize outstanding international service to the chiropractic profession.

The two 2023 awards mean that just 35 recipients have received the awards since they were inaugurated in 1991.

Chu was listed as the "The Most Prolific Authors of Chiropractic Case Reports" in Chiropractic & Manual Therapies journal [5] and is also recognized as the "World's Most Prodigious Authors" by the World Federation of Chiropractic's World Quarterly Report

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