

Rare Presentation of Common Disorders: Chiropractic Approach in Cervical Radiculopathy Treatment

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HONG KONG, HONG KONG, February 21, 2024 /EINPresswire.com/ -- The Chiropractic Doctors' Association of Hong Kong ([CDAHK](#)) heralds a pivotal advancement in chiropractic medicine with the publication of an illuminating case report, "[Dystonic Tremor as an Atypical Presentation of Cervical Radiculopathy](#)," authored by Dr. Eric Chu at [New York Medical Group](#) (NYMG). Published in the Cureus Medical Journal, this case study details an unprecedented approach to diagnosing and treating a common disorder with rare and complex symptoms. It offers a new perspective on the diverse manifestations of cervical radiculopathy, paving the way for more inclusive and innovative treatment protocols.

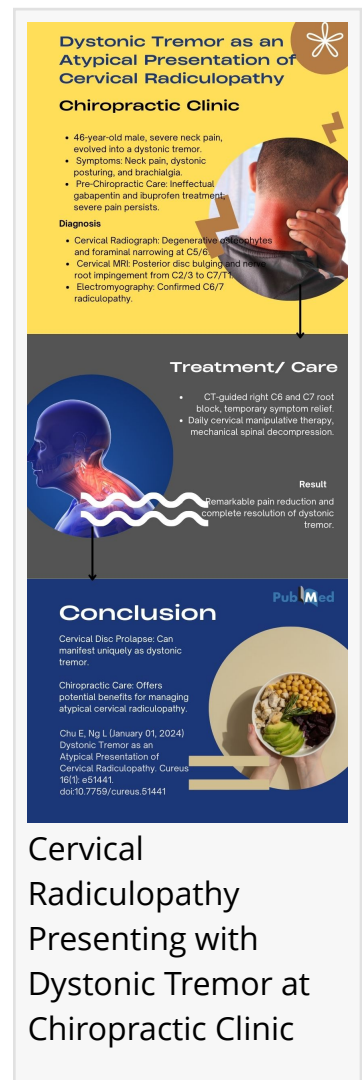
Case Report Unveils Atypical Symptoms

The case features a 46-year-old male patient who, instead of the typical neck pain and sensory disturbances commonly identified with cervical radiculopathy, suffered from a dystonic tremor and intense arm pain. This unusual presentation posed a significant diagnostic and therapeutic challenge, highlighting the variability of symptoms in nerve-related disorders.

Chiropractic Intervention Leads to Remarkable Outcome

The patient, having experienced limited relief from standard medical treatments, turned to chiropractic care as an alternative. The chiropractic approach, which included cervical manipulative therapy and mechanical spinal decompression, led to a profound improvement in his condition. This case demonstrates the efficacy of chiropractic treatments for patients with atypical presentations of common disorders and advocates for their consideration as part of a comprehensive care plan.

CDAHK recognizes that this case study represents a broader issue in medicine: the occurrence of rare presentations within common cervical disorders [1-3]. "It calls for an increased awareness



Dystonic Tremor as an Atypical Presentation of Cervical Radiculopathy
Chiropractic Clinic

- 46-year-old male, severe neck pain, evolved into a dystonic tremor.
- Symptoms: Neck pain, dystonic posturing, and brachialgia.
- Pre-Chiropractic Care: Ineffectual gabapentin and ibuprofen treatments; severe pain persists.

Diagnosis

- Cervical Radiograph: Degenerative osteophytes and foraminal narrowing at C5/6.
- Cervical MRI: Posterior disc bulge and nerve root impingement from C2/3 to C7/7.
- Electromyography: Confirmed C6/7 radiculopathy.

Treatment/ Care

- CT-guided right C6 and C7 root block, temporary symptom relief.
- Daily cervical manipulative therapy, mechanical spinal decompression.

Result

• Remarkable pain reduction and complete resolution of dystonic tremor.

Conclusion

Cervical Disc Prolapse Can manifest uniquely as dystonic tremor.

Chiropractic Care: Offers potential benefits for managing atypical cervical radiculopathy.

Chu E, Ng L (January 01, 2024) Dystonic Tremor as an Atypical Presentation of Cervical Radiculopathy. Cureus 16(1):e51441. doi:10.7759/cureus.51441

Cervical Radiculopathy Presenting with Dystonic Tremor at Chiropractic Clinic

among healthcare practitioners of such atypical symptomatology, urging them to consider a broader spectrum of treatments", described by Dr Chu, Chairman of CDAHK. Chu was named as "The Most Prolific Authors of Chiropractic Case Reports" in the Chiropractic & Manual Therapies [4] and as one of the "World's Most Prodigious Authors" by the World Federation of Chiropractic's World Quarterly Report.

The Importance of Holistic Diagnosis and Treatment
This case underscores the necessity of a holistic approach to diagnosis and treatment, taking into account the multifaceted nature of musculoskeletal disorders [5]. It highlights the critical need for current clinicians to keep an open mind and adopt a multidisciplinary strategy when conventional treatments do not yield expected results [6-10].

Encouraging Broader Recognition and Research
With the publication of this case report, CDAHK is advocating for the medical community and students at Hong Kong College of Chiropractic to acknowledge the importance of recognizing rare presentations of common disorders. The association encourages further research and education to explore the full potential of chiropractic care and other non-traditional treatment modalities, aiming to foster a more adaptable and patient-centered healthcare system.

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The CDAHK calls on the government and the public to consider the findings of this study and support the necessary changes to legislation, ensuring that chiropractic patients receive the full spectrum of care they deserve.

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WFC NEWS

Outstanding service recognized with David Chapman-Smith Honor Awards at WFC Congress

Two outstanding servants of the chiropractic profession have been recognized with WFC David Chapman-Smith Honor Awards during the 17th WFC Congress, held in Gold Coast, Australia.

At a glittering gala and awards dinner, **Dr Eric Chu (Hong Kong SAR)** and **Claire Johnson (United States)** were both presented with the WFC David Chapman-Smith Honor Award at the WFC Congress, held on Australia's Gold Coast.

WFC President, Dr John Maltby, read out citations for both recipients before presenting the crystal glass awards. Neither Dr Chu nor Dr Johnson were aware that they would be receiving an award until they were announced.

Dr Eric Chu is the Chairperson of the Chiropractic Association of Hong Kong. As an entrepreneur, businessman, mentor and leader, he was recognized for his contribution to the growth of the chiropractic profession across the WFC Asia region and his humanitarian efforts with UNICEF and the UN SDGs.

A tireless advocate for World Spine Day, Dr Chu's efforts in the area of public health were also recognized, as well as his contribution to published case reports, where he is highly ranked as one of



Eric Chu (front) is the Chair of the Chiropractic Doctors Association of Hong Kong.



Claire Johnson chairs the WFC Public Health Committee, is the Editor-in-Chief of JMP1, JCH and JCM and is a director of Brighthall Inc.

the most prodigious authors.

Dr Claire Johnson serves as the chair of the WFC Public Health Committee. A professor at National University of Health Sciences, she serves as the Editor-in-Chief of three peer reviewed journals dedicated to chiropractic research.

As a co-director of Brighthall Inc, she plays a major role in the WFC Congress scientific tracks, coordinating the call for abstracts, peer review and NCMIC Paper competitions.

She has previously been recognized by the American Chiropractic Association for her work in sports chiropractic and is a long-standing member of the chiropractic division of the American Public Health Association.

The accolades are the highest award the WFC has in its power to give and recognize outstanding international service to the chiropractic profession.

The two 2023 awards mean that just 35 recipients have received the awards since they were inaugurated in 1991.

WFC Report



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