

2024 Award Applications Open to Organizations Demonstrating Best Practices in Workplace Mental Health

The Luv u Project and the Johns Hopkins Bloomberg School of Public Health team to offer Award

BALTIMORE, MD, UNITED STATES, February 1, 2024 /EINPresswire.com/ -- The Luv u Project announced today that the application period for the third annual Carolyn C. Mattingly Award for Mental Health in the Workplace is now open.

The Mattingly Workplace Award recognizes and celebrates organizations with exemplary programs, policies, and organizational supports that advance the mental health and well-being of their employees.

The Mattingly Workplace Award is supported by the Johns Hopkins POE Total Worker Health[®] Center in Mental Health based at the Johns Hopkins Bloomberg School of Public Health. Find out more about the [POE Center here](#).

“

We are proud to present this important award to best-in-class organizational leaders who are genuinely committed to improving the mental well-being of their employees.”

Rich Mattingly, President, The Luv u Project

The online application form for the Mattingly Workplace Award can be found at [The Luv u Project website](#) with submissions due on May 31, 2024.

Employers with a broad range of high-quality mental health resources and a culture that supports the psychological well-being of workers are encouraged to submit an application for the award. Winners are

highlighted in the media and showcased in professional and industry presentations and publications to serve as examples for other organizations looking to support a healthy, high-performing workforce.

The Carolyn C. Mattingly Award for
**MENTAL HEALTH
IN THE WORKPLACE**



"We are proud to present this important award to best-in-class organizational leaders who are genuinely committed to improving the mental well-being of their employees," said Rich Mattingly, Founder and President of The Luv u Project.

An October 2021 Journal of Occupational and Environmental Medicine paper, "[Organizational Best Practices Supporting Mental Health in the Workplace](#)," provided the scientific basis for best practices that are the foundation for the Mattingly Workplace Award.

The award considers the following eight categories of best practices:

1. Healthy organizational culture
2. Robust mental health benefits
3. Availability of mental health resources
4. Workplace policies and practices
5. Healthy work environment
6. Leadership support
- 7) Documentation of outcomes
- 8) Innovation

In addition to reporting on their efforts in the eight categories above, award applicants submit data from employee surveys to document the impact of their workplace mental health and well-being efforts.

By celebrating exemplary initiatives, the Mattingly Workplace Award inspires other organizations to adopt and implement best and promising practices for workplace mental health.

The presentation of this year's award(s) will take place in November 2024.

Read more about last year's award winners at <https://theluvuproject.org/workplaceaward/>

Rich Mattingly
The Luv u Project
+1 240-614-7766
crichmatt@theluvuproject.org

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Instagram](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/685244031>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something

we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.