

Christiana Cioffi's Book on Modern Dating, Just in time for Valentine's Day

Meet The Unapologetic Spinster

WASHINGTON, DC, UNITED STATES, February 9, 2024 /EINPresswire.com/ -- Valentine's Day is approaching and too many will be at home without a date. Christiana Cioffi, author of "An Unapologetic Spinster: True Modern Dating Stories," has some comforting advice for those alone on February 14. Whether contemplating days before the dateless night or sitting at home alone on the Hallmark holiday, Cioffi suggests both women and men:

Flip Your Perspective: Alone but NOT Lonely
Challenge the common notion that being alone equates to loneliness.

Encourage your audience to redirect their energy inward, fostering self-contentment.

Emphasize that being in a relationship doesn't guarantee happiness.

The Greatest Love of Your Life is YOU:
Advocate for self-celebration and doing something special for oneself.

Stress the importance of appreciating and embracing personal qualities.

Explore the transformative power of gratitude in attracting positivity.

Let "An Unapologetic Spinster" Be Your Date!

The book is an affordable...

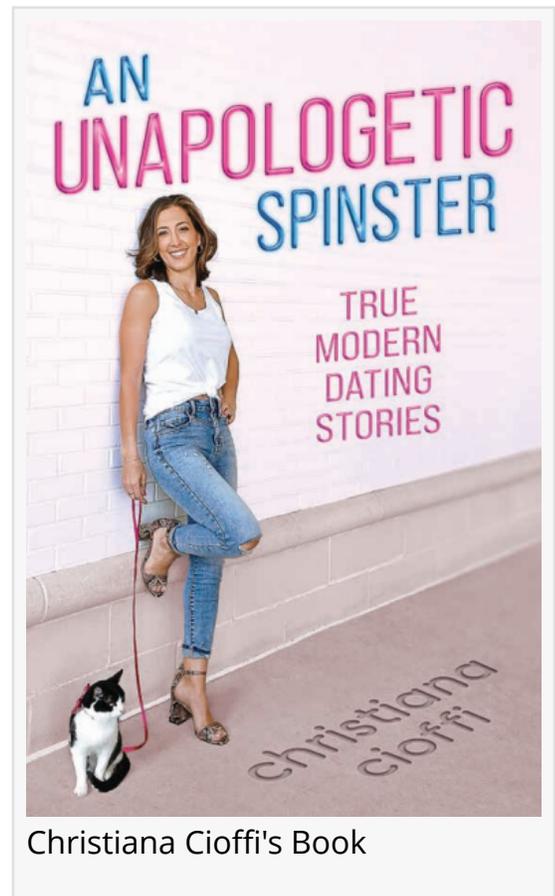
The humorous and witty book promises to make your audience laugh

Unlike most dates, the book won't "ghost" your audience



Christiana Cioffi, Author of "An Unapologetic Spinster"

Cioffi's "An Unapologetic Spinster: True Modern Dating Stories" provides a unique perspective on self-love, embracing solitude, and navigating the modern dating scene. Whether single, attached, or somewhere in between, An Unapologetic Spinster reminds us all that the love we so desperately seek is already within us. The book's engaging and humorous writing style will captivate your audience. Imagine chatting while having a couple of spicy margaritas and your single friend turns to you and says, "Oh my God. You won't believe what happened on my date last night. I can't make these stories up. I should write a book!" Well, your friend never wrote that book . . . but Christiana Cioffi did! Sparked from a journey to find love before turning forty, An Unapologetic Spinster was born. These stories are approximately 96 percent truth, but 100 percent engaging and, dare we say, unapologetic. Woven between the good, the bad, and the bizarre of dating is a personal story of digging deep to find love.



Christiana Cioffi's Book

For those alone during Valentine's Day, the book will illuminate what the series "The Unicorn" teaches people about dating; why having a soulmate in your life doesn't auto-translate into a viable, meaningful, and loving relationship; what some of her dealbreakers are in dating; Cioffi's dating rules for the single and fabulous; putting potential dates into categories; what the various stories from this hilarious and sometimes hilariously awkward book teach us and much more!

Readers have gushed over "An Unapologetic Spinster: True Modern Dating Stories". "Secretly, or not-so-secretly now, I wish my dating story with Christiana had made the pages of this excellent read," wrote Mike F., A friend-zoned date. "She weaves together the subtle details of modern dating to take us on a journey that is relatable, humorous, and even sometimes cringeworthy. In the absence of a New York Times book review for An Unapologetic Spinster, please accept my rating—An Unapologetic Two Thumbs Up!"

"Let's be clear: this is not a dating advice book," asserts Marnie V., A Fellow Dating Confidante. "After all, Christiana has gone on a few hundred first dates over the past five years and she's still a spinster! Whether you're single or attached, we are reminded that we all share similar doubts about our place in society. We are also reminded that we can find love in the most unexpected ways. A brilliant and bold read!"

"I may be a happily married woman, but I am not exempt from wondering what is behind the mysterious curtain of today's dating world," exclaims Allie C., A happily married woman. "This book started as a semi-secret blog of which I was an honored reader. With every new post, I demanded Christiana write more! 'Gimme more,' I said! I like to think I am the reason the blog

became this book. So, you're welcome to all the satisfied readers out there! With an exceptional characterization of her nuanced experiences, we go behind that curtain in a way that makes us feel as though we are right there with her, experiencing it ourselves. The balance of humor and seriousness is perfect. Well done, my fabulous spinster friend!"

Christiana Cioffi, a seasoned professional with a rich background in biotech industry marketing, has recently embarked on a transformative career journey. Evolving into a Leadership Consultant, Speaker, and Empowerment Ambassador, Christiana brings a unique blend of expertise to her diverse roles. As a Leadership Consultant, Christiana draws upon her extensive biotech experience to guide industry leaders through challenges and strategic decision-making.

Simultaneously, her role as a Speaker and Empowerment Ambassador is defined by a commitment to female empowerment. Under this banner, she passionately shares insights and inspiration, encouraging women to unlock their potential and embrace leadership roles. Christiana's dynamic journey includes a stint as a US Army captain, showcasing her leadership prowess in diverse settings. A breast cancer survivor, she embodies resilience, a trait evident in both her personal and professional pursuits. Her love for challenges extends beyond the boardroom, manifesting in her pursuits as an avid runner and scuba diving enthusiast. Beyond the professional realm, Christiana is the creative force behind "An Unapologetic Spinster," a dating blog that fearlessly explores modern dating stories. Connect with Christiana at www.unapologeticspinster.com and get social with her on [IG](#) or [LinkedIn](#)

"An Unapologetic Spinster: True Modern Dating Stories" is available from better bookstores nationwide and all online book providers including amazon.com and barnesandnoble.com.

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