

## Peachtree Wellness Unveils Residential Mental Health Facility

Contributing to the mental health sector, Peachtree Wellness Solutions has opened a residential mental health facility in Georgia.

ATLANTA, GA, UNITED STATES, February 12, 2024 /EINPresswire.com/ -- Peachtree Wellness Solutions is happy to announce the opening of its <u>residential mental health facilities</u> in Georgia, in response to the expanding need for comprehensive mental health care. This facility, which is in calm surroundings, is intended to serve as a haven for people looking for a way to get well and live better lives, according to the center's handlers.

The center claims to recognize the value of taking a multifaceted approach to treating mental health issues. It also proudly promotes its experienced specialists and their services.

Such residential mental health facilities believe that incorporating individualized therapy programs is beneficial to meet each resident's specific requirements and difficulties. The Peachtree's team of professionals highlights its expert evaluations to develop a rehabilitation plan that includes evidence-based treatments and interventions.

We use a variety of therapeutic approaches, such as dialectical behavior therapy, mindfulnessbased techniques, and cognitive-behavioral therapy. Our comprehensive approach promotes a full recovery by taking care of the mind, body, and spirit," proclaims Debbie Weatherford, Clinical Director at Peachtree.

She further elaborates that "this facility offers a caring environment that is available around the clock, guaranteeing that residents may get help whenever they need it. This ongoing assistance creates a sense of security and consistency that is essential to the healing process.

Moreover, understanding the link between diet and mental well-being, Peachtree Wellness provides dietary wellness initiatives. To enhance their general well-being, residents are given access to wholesome meals and instruction on good eating practices.

In addition, the program claims to have emphasized taking part in therapeutic and recreational activities to encourage self-expression and emotional recovery. The residents can take part in outdoor activities, music therapy, and art therapy, according to Weatherford.

The program also includes families in the residents' healing process. To build strong bonds between family members and lay a solid foundation for continued care beyond discharge, Peachtree provides family therapy sessions and support activities.

Our residential mental health facility embodies our commitment to providing high-quality, compassionate care for individuals struggling with mental health challenges," said Jason Flaig, CEO of Peachtree Wellness Solutions, expressing excitement about the debut. He further added, "Because we think recovery is effective, we are dedicated to supporting our people on their journey to well-being.

About Peachtree Wellness Solutions:

One of the prominent mental health services companies, Peachtree Wellness Solutions, is committed to changing lives with all-encompassing care. Peachtree Wellness is dedicated to providing tailored treatment with a focus on evidence-based approaches to empower people on their path to recovery and well-being.

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