

# Natural Solutions for Chronic Pain: Dr. Collins' Approach To Managing Discomfort

OREGON, PORTLAND, USA, February 12, 2024 /EINPresswire.com/ --

Proactive Choice, a leader in holistic wellness based in Oregon, introduces a revolutionary approach to managing chronic pain through natural solutions.

Spearheaded by Dr. Collins, a seasoned expert in Naturopathic

Medicine, Proactive Choice offers patient-centric treatment that prioritizes holistic principles and addresses the root cause of discomfort.



## PROACTIVE CHOICE

Proactive choice logo

"At Proactive Choice, our philosophy centers on identifying and addressing the root cause of chronic pain, prioritizing long-term healing over symptom masking," says Dr. Drew Collins, the founder of Proactive Choice.

With over 40 years of experience, Dr. Collins blends ancestral traditions with modern healthcare to deliver transformative medicine. Embracing Naturopathic Principles, he emphasizes spiritual and emotional healing, treating the whole person and integrating ancient wisdom with contemporary healthcare.

"Our holistic approach at Proactive Choice is dedicated to fostering natural healing processes and enhancing overall well-being for our patients," adds Dr. Collins.

Proactive Choice's holistic approach to managing chronic pain includes a range of natural treatments meticulously administered by Dr. Collins.

"Holistic wellness, as we see it at Proactive Choice, involves delving deep into the body's underlying imbalances to provide lasting relief from chronic pain," says Dr. Drew Collins.

These treatments include:

[Ozone Therapy](#): This holistic treatment stimulates the body's natural healing processes by utilizing the power of medical-grade ozone gas. Effective for chronic pain, slow-healing wounds, autoimmune disorders, and infections.

[Platelet-Rich Plasma \(PRP\) Therapy](#): Utilizing the healing properties of the patient's blood, PRP injections offer a minimally invasive solution for sports-related injuries, arthritis-related pain, and joint injuries. They are commonly used for musculoskeletal issues like tendon injuries and joint pain.

"By seamlessly blending age-old wisdom with modern medical practices, we're committed to offering comprehensive solutions for managing chronic pain at Proactive Choice."

**Prolotherapy**: A regenerative injection therapy aimed at alleviating joint and muscle pain. Prolotherapy induces an inflammatory response, promoting natural healing and improving joint function without any surgical intervention. Effective for arthritis, tendinitis, and bursitis.

Dr. Collins shares his insights on these natural solutions: "Ozone therapy, PRP injections, and prolotherapy offer effective alternatives for managing chronic pain, promoting natural healing, and improving overall well-being."

"Proactive Choice is on a mission to empower people to reclaim control over their health and well-being through natural, holistic methods that prioritize long-lasting results," reiterated Dr. Collins.

Other services at Proactive Choice include:

**Detoxification**: Proactive Choice offers a comprehensive detox program to eliminate unmetabolized waste matter in the body, promote overall well-being, and reduce the risk of fevers, viral attacks, inflammation, pain, and premature aging. ( <https://www.proactivechoice.com/detoxification> )

**Anti-aging/Longevity**: Dr. Collins prioritizes minimizing exposure to toxins, promoting rejuvenating sleep, and fostering purposeful living to support your quest for a vibrant and dynamic life.

[Herbal Medicine](#): Proactive Choice offers natural plant remedies to treat and prevent various health conditions, providing a holistic approach to healing.

**Brain Health Program**: Dedicated to optimizing cognitive function, Dr. Collins employs the latest research findings and innovative methodologies to enhance mental clarity and overall cognitive well-being.

**Men's Health**: Dr. Collins brings over thirty-nine years of experience in optimizing hormone levels and offers customized programs tailored to each client's needs.

**Immune Enhancement Therapy**: Proactive Choice empowers the immune system to better

combat infections and diseases through Integrative Medicine, fostering optimal health and wellness. ( <https://www.proactivechoice.com/immune-enhancement> )

Biomedical Nutrition: The study and application of scientific principles to understand how nutrients interact with the body, providing personalized nutrition recommendations for optimal well-being.

Natural Hormone Replacement Therapy (NHRT): NHRT aims to address hormonal imbalances holistically, providing bio-identical hormones customized to match an individual's specific hormonal needs. ( <https://www.proactivechoice.com/natural-hormone-replacement-therapy> )

Dr. Collins further shares his insights on his holistic approach: "Holistic wellness is about addressing the underlying imbalances in the body to achieve long-term relief from chronic pain. By integrating ancient wisdom with modern healthcare practices, we offer comprehensive solutions for chronic pain management."

#### About Proactive Choice

Proactive Choice is a pioneering holistic wellness center in Oregon dedicated to empowering individuals to attain optimal health and well-being through natural and integrative approaches. Led by Dr. Collins, a seasoned naturopathic physician with over 40 years of experience, it combines ancient healing traditions with modern medical practices to address the root causes of various health concerns. Proactive Choice offers personalized treatments tailored to each individual's unique needs, from chronic pain management to immune system enhancement. Proactive Choice strives to guide patients on their journey to long-term vitality and wellness, focusing on preventive care and promoting natural healing.

Blog - <https://www.proactivechoice.com/blog>

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