

Dr. Tabatha Barber Joins with SuccessBooks® and Lisa Nichols to Co-Author the Inspirational Book, 'Rise Up!'

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/EINPresswire.com/ -- Dr. Tabatha Barber embarks on an exhilarating journey as she collaborates with SuccessBooks® to co-author the book, "Rise Up!" alongside an extraordinary team of authors, including the esteemed Lisa Nichols.

"Rise Up!" is poised to be a work that rekindles the spirits of its readers with stories of unwavering courage and determination. Through this powerful collaboration, Dr. Tabatha Barber will bring her unique perspective to a book that encourages readers to embrace positive change in their lives.

Dr. Tabatha Barber's Dedication to Women's Health: Dr. Tabatha Barber's life mission revolves around empowering women to have a voice and a choice when it comes to their health and well-being. Her journey began with personal challenges during her youth, including self-esteem struggles, overcoming the hurdles of being a high school dropout, and navigating teenage motherhood. Through faith and unyielding perseverance, she emerged as a successful physician.

Triple Board Certifications: Dr. Tabatha Barber's unwavering commitment to women's health is evident through her triple board certifications in obstetrics and gynecology, menopause, and functional medicine. As the driving force behind her thriving medical practice, Dr. Tabatha and her dedicated team provide compassionate support and care to women nationwide.

A Guiding Light: Through platforms such as The Gutsy Gynecologist™ Show, her Gutsy Gyn® supplement line, and her book "Fast to Faith," Dr. Tabatha Barber shares invaluable insights into the significance of gut health, hormone balance, mindset, and, most importantly, the nourishment of the soul to achieve true healing and wholeness. She stands as a beacon of hope



Dr. Tabatha Barber

in the realm of medicine, illuminating the path to wellness.

SuccessBooks® is deeply honored to have Dr. Tabatha Barber as a contributor to "Rise Up!" and eagerly anticipates the invaluable insights she will bring to this transformative project. Stay tuned and get ready to be inspired by the collective wisdom of Dr. Tabatha Barber, Lisa Nichols, and the exceptional team of authors.

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