

Lemme Plan Launching Handmade Personal Growth Tools: A Journey from Stress to Success

ONTARIO, CANADA, February 13, 2024 /EINPresswire.com/ -- Lemme Plan, a new venture dedicated to promoting personal growth and well-being, is excited to announce the upcoming launch of its handmade guided journals, planners, vision boards, and self-growth tools. Scheduled for February 21, 2024, Lemme Plan's products aim to inspire self-reflection, goal-setting, and positive change.



Sharan K founded Lemme Plan, who worked for a Fortune 500 company in her home country and relocated to Canada in 2023 after leaving her job. After facing challenges in the Canadian job market and experiencing the debilitating effects of stress, Sharan turned to journaling as a means of managing her mental health. She experienced first-hand the transformative benefits of journaling in managing stress-related symptoms; Sharan embarked on a mission to create tools that empower individuals to become better versions of themselves. Lemme Plan was born as a testament to the power of resilience and pursuing one's dreams.

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Through my self-growth journey, I discovered the profound therapeutic benefits of journaling and recognized the need for accessible tools that aid others in their quest for self-improvement.”

Sharan K

Crafted with care in Canada, Lemme Plan's products boast a unique blend of handmade craftsmanship and

purposeful content tailored for self-growth. From guided journals to vision boards, each item is meticulously designed to support individuals in finding their purpose, clarifying their goals, and cultivating a more fulfilling life.

"What began as a coping mechanism soon evolved into a profound tool for personal transformation", says Sharan K, founder of Lemme Plan.

Lemme Plan's handmade products will be available for purchase exclusively on their website at www.lemmeplan.com starting February 21, 2024.

For media inquiries or further information, please get in touch with hello@lemmeplan.com.

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