

Epiphany Wellness Drug & Alcohol Rehab Nashville Tennessee Empowers Recovery Through Dual Diagnosis Treatment

Recover in safety and reclaim your life with Epiphany Wellness's specialized Dual Diagnosis Treatment program. Take the first step toward lasting healing today.

NASHVILLE, TN, U.S., March 1, 2024 /EINPresswire.com/ -- [Epiphany Wellness Drug & Alcohol Rehab Nashville Tennessee](#), a leading provider of comprehensive addiction treatment services, reaffirms its commitment to empowering individuals with co-occurring substance use and mental health disorders through its specialized [Dual Diagnosis Treatment](#) program. Established in March 2023, Epiphany Wellness's cutting-edge facility at [145 Anderson Ln, Hendersonville, TN 37075](#), offers evidence-based programs tailored to meet the unique needs of individuals facing complex challenges.



Epiphany Wellness Drug Rehab Tennessee

Epiphany Wellness Drug & Alcohol Rehab Nashville Tennessee continues to stand at the forefront of addiction treatment by offering specialized Dual Diagnosis Treatment, addressing the intersection of substance abuse and mental health disorders. This approach distinguishes Epiphany Wellness from standard rehab centers by conducting a thorough evaluation of each individual's medical and mental health history to develop personalized treatment plans.

"Understanding the intricate relationship between substance abuse and mental health disorders is crucial for effective treatment," expressed Dr. Erika Steinbrenner, MD, Medical Director at Epiphany Wellness Drug Rehab Tennessee. "Our Dual Diagnosis Treatment program delves deeper into the underlying issues driving addiction, ensuring holistic and sustainable recovery."

Epiphany Wellness's Dual Diagnosis Treatment program utilizes evidence-based therapies to address co-occurring disorders comprehensively. By integrating medication-assisted interventions, practical coping skill development, and a variety of therapeutic modalities, the program aims to restore balance and stability in individuals' physical, emotional, and mental health.



"At Epiphany Wellness, we recognize that treating substance abuse alone may not suffice for lasting recovery," added Dr. Steinbrenner. "Our specialized Dual Diagnosis Treatment program provides individuals with the tools and support needed to navigate the complexities of their disorders and achieve sustainable recovery."



Individuals seeking comprehensive and compassionate care for co-occurring substance use and mental health disorders are encouraged to explore Epiphany Wellness's Dual Diagnosis Treatment program. For more information, please visit Epiphany Wellness Drug & Alcohol Rehab Nashville Tennessee or contact their Admission Office at 615-490-9263 or info@epiphanywellness.com.

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*Dr. Erika Steinbrenner, MD,
Medical Director*

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