

# The Last Resort Drug & Alcohol Rehab Austin Offers Tailored Addiction Recovery for Military Personnel & Veterans

*If you're a military member or veteran struggling with addiction, The Last Resort Drug & Alcohol Rehab Austin is here to support your journey to recovery.*

AUSTIN, TEXAS, U.S., March 5, 2024 /EINPresswire.com/ -- [The Last Resort Drug & Alcohol Rehab Austin](#), a leading addiction treatment center located at [7509 Menchaca Rd Unit 301, Austin, TX 78745](#), is proud to announce its specialized addiction recovery program designed specifically for military personnel and veterans. With a deep understanding of the unique challenges faced by individuals in the military community, The Last Resort Drug & Alcohol Rehab Austin offers evidence-based treatments tailored to meet their specific needs.

## Addressing the Challenges Faced by Military Men:

Military servicemen and veterans encounter a range of challenges that increase their susceptibility to [addiction and mental health conditions](#). Factors such as chronic pain resulting from injuries sustained during service and the prevalence of post-traumatic stress disorder (PTSD) contribute to a heightened risk of substance abuse and alcoholism



**THE LAST RESORT**  
— RECOVERY —



among this population. According to a study published in JAMA Psychiatry, nearly 1 in 4 active duty military members exhibit signs of a mental health condition.

#### Trauma-Informed Therapy for Military Men:

At The Last Resort Drug & Alcohol Rehab Austin, we recognize the importance of trauma-informed therapy in addressing the emotional scars left by traumatic life events. Our secluded treatment environment in Austin, Texas, provides a safe space for military personnel and veterans to focus on their well-being without the distractions of everyday life. Our trauma-specific therapy options include Equine Assisted Therapy, Fitness Programs, PTSD and Trauma-Specific Therapy, and Grief and Loss Support.

#### Customized Addiction Recovery Programs:

We understand that each individual's life experiences are unique, and our addiction recovery programs are tailored to reflect that. Our 40-90 day programs are designed for men with previous addiction treatment experience, offering flexibility and personalized care. Moreover, we accept a variety of insurance providers, including TRICARE East, to ensure that recovery remains accessible to active and retired members of the military.

#### Join Us on the Journey to Recovery:

If you're a military member or veteran struggling with addiction, The Last Resort Drug & Alcohol Rehab Austin is here to support you on your journey to recovery. Our client-led approach and focus on individual needs ensure that you receive the personalized care and attention you deserve. Contact us today to take the first step towards a brighter, healthier future.

Admissions Office

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