

## Ruth Croushorn Messick Inspires Women To Escape the Grind and Pursue Their Dreams in 'Unstoppable Volume 3'

*Rising above challenging circumstances, Ruth Croushorn Messick is a role model of how to win against the odds* 

UNITED STATES, March 11, 2024 /EINPresswire.com/ --In a recent release by The Queenie Effect Publishing, Ruth Croushorn Messick takes center stage as a featured author in the groundbreaking anthology '<u>Unstoppable Volume 3</u>: The Resilience of the Female Spirit.' Ruth's narrative unfolds as a compelling testament to women's strength and ability to transform challenges into triumphs. She is one of 25 incredible women featured in the book who have defied the odds to create a powerful legacy.

Ruth's journey, articulated in her chapter of 'Unstoppable Volume 3,' carries a powerful message for women who aspire to break free from the daily grind, overcome past traumas, and pursue their dreams. She shares, "I grew up under very difficult circumstances.



Ruth Croushorn Messick

When I was in high school, I strongly considered writing a book about my childhood. I felt that women could gain inspiration and hope for those that have been through similar circumstances."

The opportunity to contribute to 'Unstoppable' gave Ruth a chance to fulfill a long-held desire to provide inspiration and hope to women facing challenges. "When Elsa Morgan approached me to be part of 'Unstoppable' volume 3, I felt it was time to finally write that book in hopes of inspiring women to heal from their trauma and to let their past stay in the past and to let it all go," she added.

In a stunning achievement, 'Unstoppable! Volume 3' achieved "Best Seller" status within four hours and was number one ranked in over 16 categories on the platform.

Becoming a best-selling author through 'Unstoppable Volume 3' has brought Ruth a sense of

overwhelming joy and gratitude. She said, "I'm incredibly blessed that God has helped me through this journey. I'm so grateful to be part of this book with so many strong and amazing women willing to share their stories of inspiration. It is an overwhelming feeling of joy that accompanies such an achievement."

Ruth's story in 'Unstoppable' goes beyond personal triumph; it serves as a guiding light for women yearning for change and seeking paths to financial freedom. She invites women to explore opportunities beyond the corporate grind, emphasizing that the book is not just her story but a beacon of hope for all women desiring change.

Ruth especially showcases the potency of perseverance, which she describes as a superpower. She also believes that mindset is the key to unlocking one's unstoppable potential. When these two elements are combined, real magic can happen.

For those seeking inspiration and guidance, Ruth recommends embracing challenges, sticking it out through fear, and surrounding oneself with a supportive community. She affirms, "Your mental muscle is what makes you unstoppable."

Ruth mentors her clients and business partners, providing guidance based on her own transformative experiences. She cheers for the success of others and equips them with the tools to thrive. Connect with Ruth Croushorn Messick on Facebook and Instagram.

For more information about 'Unstoppable Volume 3: The Resilience of the Female Spirit,' visit <u>https://a.co/d/9n8cBOI</u>

About The Queenie Effect Publishing

The Queenie Effect Publishing is dedicated to showcasing empowering stories that inspire, uplift, and resonate with readers worldwide.

About Unstoppable Volume 3: The Resilience of the Female Spirit Unstoppable Volume 3 is an international best-selling anthology published by The Queenie Effect Publishing.

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