

# Austin, TX - Hack Your Health 2024 Unveils Expert Panel on Optimal Vitality

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Unveils Expert Panel on Optimal Vitality*


AUSTIN, TEXAS, USA, March 15, 2024 /EINPresswire.com/ -- [Hack Your Health 2024](https://hackyourhealth.com/), the premier gathering of wellness enthusiasts, is delighted to announce a compelling new panel dedicated to exploring the topic of optimal vitality. This panel brings together a diverse group of experts at the forefront of health and wellness to share their insights and experiences with attendees.

The esteemed panelists include:

Shawn Wells - Celebrated as “The World’s Greatest Formulator” in the supplement industry, Shawn Wells is a seasoned nutritional biochemist with over two decades of experience. Armed with a Master’s in Nutritional Biochemistry from UNC Chapel Hill, Shawn has formulated over 700 global products and holds patents for 20 novel ingredients.

Luke Storey - A leading voice in personal development, spirituality, and cutting-edge health innovations, Luke Storey shares unfiltered insights and thoughtful analysis from extensive research and immersion in diverse spiritual and healing modalities. As a speaker, author, and podcast host, Luke illuminates a path to deeper meaning, emotional freedom, and physical vitality.

Josh Trent - Founder of Wellness Force Media and host of the Wellness + Wisdom Podcast, Josh Trent has dedicated over 20 years to exploring the physical and emotional intelligence necessary for humans to thrive in the modern world. Through podcasts, programs, and a global community, Wellness Force Media aims to empower individuals to optimize their potential and



**Hack Your Health** May 31 - June 2  
Austin, Texas

*Panel Announcement!*  
**“The Energy Formula – Unlocking The Secrets Of Vitality”**


**SHAWN WELLS**  
Nutritional Biochemist  
Author of “The Energy Formula”

**LUKE STOREY**  
Writer and meditation teacher  
Host: The Life Stylist Podcast

**KRIS GETHIN**  
Natural Pro Body Builder  
Host: Kris Gethin Podcast

**JOSH TRENT**  
Founder, Wellness Force Media  
Host: Wellness + Wisdom Podcast

**DANIEL SOLOMONS**  
CEO & Co-founder of Update ®

 **hackyourhealth.com**

live well.

Daniel Solomons - Transitioning from a career in investment banking to pursue his vision of redefining energy solutions, Daniel Solomons co-founded Update®, a pioneering venture in the beverage industry. Serving as CEO and co-founder, Daniel led the creation of Update®, the world's first caffeine-free energy drink featuring the unique ingredient, Paraxanthine.

Kris Gethin - A luminary in fitness and wellness, Kris Gethin is a Natural Pro Bodybuilder, IRONMAN Triathlete, Ultramarathoner, and accomplished Personal Trainer. As the co-founder of Kris Gethin Gyms Franchise and former co-founder of Kaged Supplements, Kris has demonstrated a commitment to excellence in both athleticism and entrepreneurial ventures.

The panel promises to provide attendees with invaluable insights and strategies for achieving optimal vitality in their lives. Attendees can expect a dynamic discussion covering various aspects of health and wellness, from nutrition and supplementation to mindset and holistic well-being.

Hack Your Health 2024 invites all wellness enthusiasts to join this enlightening panel discussion and explore the possibilities for enhancing vitality and well-being. Don't miss this opportunity to learn from some of the most respected voices in the industry.

For more information about Hack Your Health 2024 and to reserve your tickets,  
[www.hackyourhealth.com](http://www.hackyourhealth.com)

Robin Switzer

Q1 Productions

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