

# Legacy Lyfe Offers Longevity and Wellness Optimization Services at its Medical Center in Pittsburgh

*The company empowers Pittsburgh residents to optimize health and longevity.*

MCMURRAY, PENNSYLVANIA, UNITED STATES, March 15, 2024 /EINPresswire.com/ -- [Legacy Lyfe](#), a pioneer in the integration of Early Detection Diagnostics, Longevity and Healthspan Optimization, Minimally Invasive Aesthetics, and Preventative Physical Medicine, is proud to announce the expansion of its medical services to Pittsburgh residents offering wellness solutions that foster longevity, vitality, and enhanced quality of life.



Legacy Lyfe's comprehensive suite of [longevity and wellness optimization services](#) and personalized approach to healthcare integrates technology with preventative and proactive measures. The company's services are designed to help individuals:

- Increase healthspan and vitality: Legacy Lyfe's protocols focus on optimizing overall health and well-being for a longer, healthier life.
- Prevent chronic disease: Through early detection diagnostics and preventative measures, Legacy Lyfe aims to identify and address potential health concerns before they progress.
- Boost energy levels: Legacy Lyfe's customized programs can help improve your energy levels and keep you feeling your best.

At the heart of Legacy Lyfe's approach are its Longevity + Healthspan Optimization Services. These include state-of-the-art treatments such as PEMF (Pulsed Electromagnetic Field Therapy), Infrared Sauna, Restorative Laser Therapy, Cryotherapy, IV Nutrition, Medical Grade

Supplements, Hormone Therapy, and Regenerative Medicine. Each service is tailored to meet the unique wellness goals of individuals, whether they seek to increase energy, improve vitality, or enhance their overall healthspan.

Meghan Murphy Englund, VP of Operations at Legacy Lyfe, emphasizes the personalized nature of their health packages. "Our mission is to empower our clients with customized wellness solutions that extend far beyond conventional healthcare. Whether you're an individual, part of a group, or seeking corporate wellness solutions, we have meticulously designed packages that align with your longevity goals."

Legacy Lyfe stands out not only for its comprehensive range of services but also for its advanced diagnostics portfolio. With offerings like Genomics Analysis, Gut Health Testing, Epigenetic & Biological Age Analysis, Heavy Metals Analysis, and Early Cancer Detection, the company provides a holistic view of one's health, paving the way for tailored, preventive healthcare strategies.

Patients like Melanie Basl and Jen Busia attest to the transformative impact of Legacy Lyfe's services. Basl shares, "My family has benefited immensely, from maintenance adjustments to specialized treatments for prenatal care and even pediatric services. The care we've received has been exceptional across the board." Similarly, Busia highlights the quality and breadth of services, stating, "The knowledge and services provided here are outstanding. From Botox to IV lasers and adjustments, my experiences have been overwhelmingly positive."

Legacy Lyfe invites Pittsburgh residents to explore its evidence-based approach to health and longevity. Contact Legacy Lyfe today to schedule a consultation and learn more about how they can help you achieve your wellness goals. Visit the website at <https://www.legacylyfe.health/contact> or call (412) 367-2165 to get started.

###

## About Legacy Lyfe

Legacy Lyfe is a healthcare innovator specializing in Early Detection Diagnostics, Longevity Optimization, Aesthetics, and Preventative Medicine. With a mission to empower individuals to lead healthier, longer lives, Legacy Lyfe combines cutting-edge technology with personalized care. Based in McMurray, PA, and now serving the Pittsburgh area, the company is dedicated to transforming the landscape of healthcare through innovation and a commitment to excellence.

## Contact Details:

Legacy Lyfe - McMurray  
3540 Washington Road  
McMurray, PA 15317

Phone: (724) 941-0707

Fax: (724) 941-7772

Legacy Lyfe - McCandless

9000 Perry Highway

Pittsburgh, PA 15237

Phone: (412) 367-2165

Fax: (412) 367-2183

## Notes to Editors

Legacy Lyfe invites journalists and members of the press to delve deeper into the story behind our innovative wellness and longevity optimization services. For interviews, additional insights, or to arrange a visit to our facilities for a firsthand experience, please reach out to the contact information provided. The company's team, led by VP of Operations Meghan Murphy Englund, is eager to share how their unique approach to healthcare is making a tangible difference in the lives of the company's clients and the broader community.

End of Press Release.

Meghan Murphy Englund

Legacy Lyfe

+1 724-941-0707

[email us here](#)

Visit us on social media:

[Facebook](#)

[LinkedIn](#)

[Instagram](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/696186724>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.