

# Award-Winning Author and Educator Dr. Veirdre Jackson to Headline Transformative Events in March

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HERSHEY, PA, UNITED STATES, March 20, 2024 /EINPresswire.com/ -- Award-Winning Author and Educator Dr. Veirdre Jackson to Headline Transformative Events in March Dr. Veirdre Jackson, a renowned author, educator, and entrepreneur, is set to take center stage at several impactful events throughout March. With over 20 years of experience in non-profit and executive leadership, Dr. Jackson is the CEO/Founder of Living Strong Consulting LLC, focusing on trauma-informed practices and Diversity, Equity, Inclusion, and Belonging (DEIB).

Dr. Jackson's commitment to organizational resilience and personal strength has made her a sought-after keynote speaker and consultant. Her podcast, "Living Strong: The Flip Side of Adversity," reaches listeners in over 40 countries, sharing inspirational stories from lived experiences.

Upcoming Events:

1. Kicking Off Women's History Month - A Conversation Aiming to Help Women Refill

Date: March 7

Event: Voice America X Flip Side of Adversity Radio Show with Carina Bruno

Description: Join Dr. Veirdre Jackson and Carina Bruno for a candid conversation exploring the evolving perceptions of self-worth among women from different generations. The episode delves into the impact of societal expectations, cultural shifts, and personal journeys on self-esteem and self-acceptance. Catch the Replay:



<https://www.voiceamerica.com/episode/149155/generations-apart-united-in-worth-knowing-our-value-as-women>.

## 2. Black Entrepreneur Experience

Date: March 12

Event: Podcast with Dr. Frances Richards

Description: Dr. Veirdre Jackson will share her insights on the brilliance, boldness, and business acumen of successful Black entrepreneurs worldwide. The podcast aims to ignite and empower aspiring entrepreneurs, encouraging business ownership and an entrepreneurial mindset. Listen here:

<https://www.drfrancesrichards.com/podcasts/>

## 3. Education is Freedom! Podcast

Date: March 12

Event: S01 E12 with Dr. Danielle Martin on She is Still Dope Podcast Network

Description: Dr. Jackson will be a special guest discussing "Can I get a R.E.F.I.L.L.- Tips for Educators Healing from Burnout." Tune in via YouTube (<https://www.youtube.com/SheisStillDope>) and all major podcast platforms. Join the conversation on educator wellness, burnout recovery, and growth.



Dr. Veirdre Jackson 2

“

Providing leaders with practical tools for systemic change and relationship based coaching to conquer the elusive nature of finding balance.”

*Dr Veirdre Jackson*

## 4. Spirit-Filled Entrepreneur

Date: March 14th

Event: Voice America Radio

Description: Dr. Veirdre Jackson hosts "Living Strong: The Flip Side of Adversity." The show explores how entrepreneurs and professionals can find joy and fulfillment through a Spirit-filled approach to their work.

Tune in <https://www.voiceamerica.com/show/4019/living-strong-the-flip-side-of-adversity>.

## 5. Stable and Secure: Supporting Children Through Trauma Sensitive Approaches (Keynote Speaker)

Date: March 25

Event: Hershey Lodge, Hershey, PA

Description: Dr. Jackson will be the keynote speaker at this transformative two-day conference focused on trauma-sensitive approaches to child and adult well-being. The event is free for attendees.

For media inquiries, contact:  
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Join the conversation on social media using #DrVeirdreJackson #LivingStrongLLC #EducationIsFreedom. Follow Dr. Veirdre Jackson's journey and expertise on Instagram.

### Extended Bio on Dr Jackson

Dr. Veirdre Jackson is an award-winning author, educator, and entrepreneur who is recognized as a leading educational trainer in trauma-informed practices and DEIB. She is a veteran educator with over 20 years of experience supporting non-profit and executive leadership which has led to her becoming the CEO/Founder of Living Strong Consulting LLC. She has harnessed her passion for building organizational resilience and personal strength on behalf of youth, families, and educational professionals and provides training, consulting and support to impact children from the inside out. She is a highly sought-after keynote speaker and consultant. Her commitment to leaders and organizational development is elevated through her John Maxwell Team Certification. Her internet radio show and podcast on Voice America's Empowerment Station, Spotify and iHeartRadio entitled Living Strong: The Flip Side of Adversity reaches listeners in more than 40 countries with inspirational, authentic and practical stories from lived experiences by her guest co hosts. Her 2019 book and video series Fearless Conversations with a Limitless God provides insight on

**R.E.F.I.L.L.**  
*With Dr. Veirdre Jackson*

**RECRUIT, RETAIN, REJUVENATE, AND REESTABLISH**

Do you feel overwhelmed? Are you searching for change? In the hustle and bustle of our fast-paced lives, it's easy to find ourselves navigating through the demands of daily existence, only to realize that something essential is missing—the deep, soulful connection that brings purpose and fulfillment.

*Your Experience Includes:*

- ✓ 6 Proven Strategies to Heal From Burn Out
- ✓ A Transformative Personal Journey
- ✓ A Personal Navigation Map to Regain Your Power
- ✓ Meaningful Reflections for Soul Care
- ✓ Being Your Authentic Self

Dr. Veirdre Jackson is the creator and curator of The R.E.F.I.L.L. Tribe. She provides simple, daily tools to professionals to heal from burnout and find community in order to reconnect with their purpose and regain their passion in work - life harmony. She provides leaders with practical tools for systemic change.

100K+ views across SM Platforms in 2025

250+ monthly page views livingstrongllc.com

Linktree\* <https://linktr.ee/drveirdrejson>

VOICEAMERICA

FLIPSIDE Radio Show

Dr. Veirdre Jackson

Carina Bruno

*pepping off*

**Women's History Month**

*a conversation aiming to help women refill*

**3/7/24**

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addressing the challenges to breaking the cycle of toxic thoughts that keep women in “hiding places”. Dr. Jackson holds a Bachelor’s degree from Drexel University; a Master’s degree in Elementary Education from Temple University; and a Doctoral Degree from Wilmington University in Leadership and Innovation.

Dr. Veirdre Jackson

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**YOU CAN'T POUR FROM AN EMPTY CUP; IT'S TIME TO R.E.F.I.L.L.**

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•PRAYER-EMPOWERED• •CHRIST-SATURATED•  
•GRACE-INFUSED• •JOY-FUELED•  
•PEACE-PERMEATED• •SPIRIT-FILLED•

**SAVE THE DATE**  
**3/9/24**  
10am-3pm

**TICKETS REQUIRED**

\$35 per ticket  
available at  
[www.hopehill.org/Refill](http://www.hopehill.org/Refill)

JOIN US AS WE WELCOME  
**DR. VEIRDRE JACKSON**  
CEO, AUTHOR, EDUCATOR

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