

Tish Dinkins: 2 New Books on Art's Transformative Power

Tish Dinkins launches 2 books on art & creativity, showcasing art's impact on team building & stress relief. Join the virtual event on April 27.

BELLEVUE, WASHINGTON, UNITED STATES, May 7, 2024 /

EINPresswire.com/ -- Tish Dinkins, the celebrated creative consultant, best-selling author, and inspirational speaker, is set to captivate readers with the launch of two groundbreaking books: "Stop Feeding Them Pizza: How Team Building Art Events Are More Effective for Your Organization" and "Paint Your Stress Away: Using Fluid Art to Obtain Peace."



Tish Dinkins 1 Headshot

As the CEO & founder of Paintiza LLC, Tish Dinkins seamlessly blends her artistic passion with entrepreneurship, creating a space where creativity meets personal and professional

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Join Tish Dinkins to unlock art's power for growth with 'Stop Feeding Them Pizza' & 'Paint Your Stress Away'."

Tish Dinkins

development. Her impactful books, "You Have No Idea the Hell I've Been Through" and "Yes I'm Single," have garnered widespread acclaim for providing practical steps for overcoming life's challenges and redefining singleness as a state of strength and fulfillment.

"Stop Feeding Them Pizza" explores the transformative power of [art-based team building](#) activities, arguing for

their efficacy over traditional methods. Dinkins emphasizes how creativity fosters team cohesion, unlocks innovation, reduces stress, enhances communication skills, and accommodates diverse skill sets. The book provides practical guidance for implementing art-based initiatives, offering leaders innovative strategies to unlock their team's full potential.

"Paint Your Stress Away: Using Fluid Art to Obtain Peace" takes readers on a transformative

journey into the world of fluid art as a means of achieving inner tranquility. This book delves into the therapeutic benefits of fluid art, guiding readers from understanding its psychological and emotional advantages to creating their own gallery of serenity. It is an invitation to embrace creativity as a pathway to inner peace and fulfillment.

To celebrate the release of these groundbreaking books, Tish Dinkins will be hosting an exclusive event:

Book Launch Event Details:

Date: April 27, 2024

Time: 10amEST/1pmPST

Location: VIRTUAL

Registration: To attend this inspirational event, please register at

www.paintandelevate.com/conference.

For media inquiries, interviews, and review copies, please contact:

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Phone: +12066598683

Connect with Tish Dinkins on social media for updates and insights:

Instagram: www.instagram.com/tishdinkins

Facebook: www.facebook.com/tishdinkins

Twitter: www.twitter.com/tishdinkins

LinkedIn: www.linkedin.com/in/tishdinkins

YouTube: www.youtube.com/@tishdinkins

TikTok: <https://www.tiktok.com/@paintiza>

<https://www.Paintiza.com>

<https://www.paintandelevate.com/>

Join us in celebrating the release of Tish Dinkins' transformative books, as we explore the boundless possibilities of creativity and its profound impact on personal and professional growth.

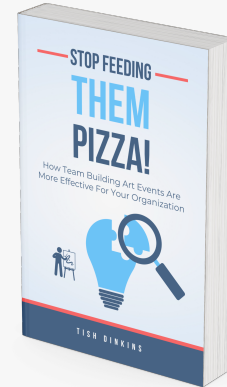


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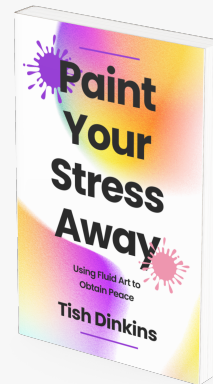


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