

2024 ThreeBestRated® Award-Winning Dentist, Dr. Rumana Writes On Veneers Procedure

DARWIN, NORTHERN TERRITORY,
AUSTRALIA, March 26, 2024

/EINPresswire.com/ -- The impact of a smile on one's beauty and confidence is just undeniable. Unfortunately, most people are not happy with their smile, due to various reasons such as discoloration, chipped or broken teeth, gaps, misshapen teeth, and other cosmetic issues. But People who are dealing with dental (cosmetic) issues no longer need to feel low self-esteem. Dental Veneer has emerged as an optimum solution to mask dental imperfections and heighten one's confidence.

Dr. Rumana from Your Dentist Darwin says, "Veneers are an excellent choice for individuals who are unhappy with their smile or size of their teeth." She also gives her insights to help people to further understand about Veneers.

As she explains, Veneers are made from either porcelain or composite resin, which will serve as a 'cover' for the natural teeth. In contrast to crowns which cover both sides of the teeth and necessitate filling of the natural tooth, veneers don't require much reshaping and are solely attached to the front part of the tooth only. It also has its own advantage of letting the individuals choose their desired shade of white and correct any gaps or imperfections in the



Dr. Rumana, the Principal Dentist of Your Dentist Darwin



Your Dentist Darwin

teeth being treated.

Dr. Rumana Explains Steps Involved In Veneers Procedure

>> Firstly, during the initial consultation, the doctors start the treatment by taking photos to assess and plan the right treatment.

>> The assessment will be followed by a mockup or trial smile to demonstrate before starting the treatment and to get approval from the patients.

>> Upon the patient's approval, the teeth that need treatment are re-shaped as per requirements, and impressions will be made and sent to the Dental Ceramists to prepare the final veneers.

>> Meanwhile, temporary veneers will be fitted to the prepared teeth, as it may take a few weeks of time for the final veneers to be ready.

>> Once the final veneers are ready, they will be tried and adjusted to ensure precise fit. At last, they are bonded onto the teeth, after the patient approves and feels no discomfort.

Difference Between Porcelain And Composite Resin

As said earlier, veneers are crafted using porcelain and composite resin. It is important to understand the difference between the two before opting for the treatment.

Porcelain is a high-quality material, which resembles natural teeth. It has been the premium choice for veneers as they have high stain resistance and durability. On the other hand, composite resin is a type of reinforced plastic. It is affordable, and will typically last up to 8- 10 years. However, the lost lustre and colour can be renewed by polishing or resurfacing with new composite resin to extend its longevity.

About Dr. Rumana & Your Dentist Darwin

Your Dentist Darwin is a well-established dental clinic in Darwin, operating under the supervision of Dr. Rumana. Dr. Rumana possesses over 15 years of hands-on experience in cosmetic dentistry, general & complex restorative, Orthodontics, Clear Aligners and dental implants. She is known for her courteous, gentle, and friendly care among his patients and colleagues. She has also instilled the same in her team. Together, the team provides individualised, outstanding, and friendly care to every patient to make it an enjoyable experience. With a passion for helping families, they take pride in having helped thousands of people smile confidently. Their exceptional service has been recognized by [ThreeBestRated®](#) since 2021, through its touch-to-crack analysis process, namely 50-Point Inspection.

As a family-oriented dental care team, Your Dentist Darwin specialises in Invisalign, Orthodontics, whitening, veneers, implants, children's dentistry, dentures, root canals, dental extraction, crowns & bridges, emergency dental, and more. To book your appointment, visit [Your Dentist's website](#)

Dr. Rumana

YOUR DENTIST DARWIN

+61 8 8928 0060

reception@yourdentistdarwin.com.au

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