

# Eat Clean named best healthy meal delivery service of 2024

*Garage Gym Reviews rates Eat Clean  
"Best Healthy Meal Delivery Service"*



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/EINPresswire.com/ -- [Eat Clean](#) is proud to announce that the brand has been named as one of the best meal delivery services for 2024. According to [Garage Gym Reviews](#), experts rate Eat Clean as the Best [Healthy](#) Meal Delivery Service this year.

“

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*Michael Martinez*

Reviewer Brittany Combs, social media manager at Garage Gym Reviews, commented that the good news is it doesn't taste healthy.

“Overall the meals were good. I loved the sea bass, it was delicious. But the low carb lasagna was my favorite. It was super cheesy and full of meat.” She was also impressed with the number of choices she had and gave Eat Clean 5 out of 5 for ease of preparation

and portion size.

Eat Clean is made from organic ingredients and has options for traditional, paleo, keto and plant-based diets, with a new menu each week. The plans are flexible to suit your life. You can choose to receive 6, 10, 12 or 14 meals per week, with the price per meal decreasing when you opt for more meals. All meals are delivered fresh and ready made, so you just need to heat them up in the microwave or oven. It takes about two minutes in the microwave.

About the Garage Gym Reviews rating, Eat Clean CEO Mike Martínez, said, “We worked hard at creating menu options that are healthy and wholesome and it feels great to be recognized for that.” Eat Clean worked with boutique marketing agency Group 8A to facilitate the relationship with Garage Gym Reviews. Karl Holzwarth, Director: Affiliate/Influencer at Group 8A, says, “We are very happy to have been able to make this happen for Eat Clean, thanks to our great relationship with Pillar 4 Media, publisher of Garage Gym Reviews.”

For further information, visit <https://eatcleantogo.com/>.

Michael Martinez

Eat Clean

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