

Equinox Counseling & Wellness Announces Inclusive Expansion to Serve Children as Young as Nine Years Old

Equinox's decision to lower the age threshold for its treatment services ensures more children will receive the specialized care they need to heal and thrive.

GLENDALE, CO, UNITED STATES, March 26, 2024 /EINPresswire.com/ -- In response to the growing need for early intervention in children struggling with psychiatric, emotional, and behavioral health issues, particularly heightened

by the developmental impacts of the COVID-19 pandemic, Equinox Counseling & Wellness Center has proudly expanded its renowned Intensive Treatment Program to serve children as young as 9 years old. Recognizing the pivotal role early psychiatric, emotional, and behavioral health intervention plays in lifelong well-being, Equinox is committed to extending its compassionate expertise to intervene and address the unique needs of this young age group.

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Mary Marcantonio

The recent pandemic has drawn attention to the vulnerabilities in children's health, with many experiencing challenges that hinder their developmental progress and happiness. Identifying and supporting these issues at the earliest possible stage can significantly alter the trajectory of a child's life. Equinox's decision to lower the age threshold for its treatment services ensures more children will receive the specialized care they need to heal and thrive.



“Our treatment models are anchored in the belief that early intervention is an empowering step toward lasting emotional and behavioral health,” said Mary Marcantonio, Founder of Equinox Counseling & Wellness Center. “By expanding our services to welcome younger children, we are

preventing additional trauma, strengthening family units, and building healthier futures.”

The profound impact of early intervention for children grappling with complex psychiatric, emotional, or behavioral health issues cannot be overstated. Stepping in at an early stage not only addresses immediate challenges but also sets the groundwork for healthier psychological development and coping strategies that can last a lifetime. Such intervention seeks to understand the child within the context of their environment, ensuring that care is not only comprehensive but also highly personalized. At Equinox Counseling & Wellness Center, the approach is rooted in the knowledge that early, targeted support can significantly mitigate the long-term effects of these challenges, thereby enhancing the child’s capacity for resilience, emotional regulation, and social integration. With a team of dedicated professionals, Equinox employs evidence-based practices that are as compassionate as they are effective, aiming to empower young individuals and their families to navigate life’s complexities with confidence and strength.

With a proven track record of success echoed through its patient stories and testimonials, Equinox Counseling & Wellness Center leverages intensive treatment programs and innovative therapies, such as Adventure Therapy, tailored to suit various age groups. A comprehensive approach combining aspects of residential treatment and wilderness therapy emphasizes stabilization, skill acquisition, and the practical application of these skills in diverse settings to ensure generalization, integration, and sustainability.

Referring professionals and caregivers have continually highlighted the transformations experienced by those attending Equinox, with a noticeable improvement in social and emotional health and reduced incidents of self-harm and suicidality.

“We are not just treating symptoms; we are equipping young minds with the tools to overcome obstacles and excel in every aspect of life,” stated Marcantonio. “Our center becomes a beacon of hope and a source of rejuvenation for so many families, and we are humbled to now offer that chance to even younger children at a time when it is most vital.”

For more information about Equinox Counseling & Wellness Center, and its programs, or to refer a child, please call 303-861-1916.

About Equinox Counseling & Wellness Center:

Equinox Counseling & Wellness Center is the nation’s premier intensive treatment program for youth and young adults experiencing complex psychiatric, emotional, and behavioral health issues. With a focus on providing families with a new level of care within the continuum of traditional therapy and out-of-home treatment, the center offers a range of treatment options designed to meet the unique needs of every individual. For more information, visit

www.equinoxcounseling.com.

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