

## Local PVTC Club Wins National Indoor Masters Track Championship Over 123 Teams--Dynasty! 5th Team Title Win in 12 Years

WASHINGTON, DC, UNITED STATES, March 26, 2024 /EINPresswire.com/ -- At the USA Track & Field (USATF) Indoor Masters Track & Field Championships in Chicago, Ill., in a four-day meet Thursday-Sunday, March 21-24, Washington DC-based Potomac Valley Track Club (PVTC) won the overall combined national club championship and the first place team trophy among 123 teams.

PVTC finished with 500.5 combined points, ahead of Greater Philadelphia Track Club (482) and SoCal Track Club of Rancho Santa Margarita, Cal.(477).

PVTC won the indoor championship in 4 of the previous 12 years, in Landover, Md. in 2013 and 2018, Winston-Salem, N.C. in 2015, and New York City in 2022. This is the fifth title in 12 years, all led and organized by PVTC President Craig Chasse. PVTC has become a national powerhouse club with members in the stands excitedly shouting "Dynasty!" as national MTF Chair Jerry Bookin-Weiner read the results at the Awards Ceremony.

Photo:

Potomac Valley Track Club celebrating USATF Masters national championship team victory over 123 Clubs, March 24, 2025. Chicago, Ill. Link to photo: <u>https://weinerpublic.com/20240324\_141859.jpg</u> Photo from Hannah Phillips/Potomac Valley Track Club

Trophies were also given to the top three in the men's and women's categories. PVTC was second in the Men's with So Cal Track Club first with 365 points, PVTC at 269.5, and Greater Philadelphia Track Club with 219.

PVTC also won Third in the Women's Team Competition with 204 points. TNT International Racing Club, based in Lincoln University, Pennsylvania had 293 points, and Greater Philadelphia Track Club 263.

PVTC members won 21 individual first place Golds and 4 relay team Golds. PVTC's Gold medal winners were (individual and relays):

Club member Inocencio Cantu, now living in San Marcos TX, with friends in the DC area, won the

M90 One Mile run and broke the World and American records by 11 seconds in 9:45.18. He also won gold in the M90 800m run.

PVTC members also won individuals Gold as follows: Tami Graf, Lusby MD, F85 800m run, F85 One Mile Run, and F85 Super Weight

Rose Green, Upper Marlboro MD, F85 200m dash, F85 400m dash, F85 60m dash, and F85 Shot Put

Penelope Ingles, Arlington VA, F45 Super Weight and F45 Weight Throw

Carlton Marshall, Washington DC, M60 60m Hurdles

Ken Moss, Leesburg VA, M75 Super Weight and M75 Weight Throw

Robert Paulen, Dewey Beach DE, M85 60m Hurdles, M85 High Jump, M85 Pentathlon, and M85 Triple Jump

Curtis Smith Jr., Dumfries VA, M40 Triple Jump

Teran Wakefield, Suiland MD, M30 60m Hurdles

Robert Walde Sr., Washington DC, M90 Shot Put

Four PVTC RELAY teams won Gold:

W65 4x400 Meters: Mary Lowe Mayhugh, Hannah Phillips, Robin Moon, Mary Gucinski M30 4x400: Craig Chasse, James Samiec, Patrick McGinley, Art Klein M30 4x800: Scott Werber, Craig Chasse, Albert Arcand, Bob Weiner M30 4x200: Curtis Smith, Craig Chasse, James Samiec, Scott Werber

Club members were amazed at Chasse's ability to "mix, match, and maximize" the 40 Club members who participated for maximum points in individual events and relays. High precision and deconflicted timing were required in the 4-day meet. Chasse said, "We give athletes of all abilities the opportunity to be part of a national championship by mixing ages in relays to maximize points and encourage people to train for new events."

MTF leaders said the meet's team titles were the "most highly competed and closest in recent memory," with the result undecided right to the final relays and field events. It was a matter of who had the people that could score, and PVTC won out overall.

The meet had 1176 competitors -- among the highest ever for the indoor championship. Masters track and field presents athletes 25-100+ years old "lifetime fitness and health through training and competition," said PVTC member and national media organizer Bob Weiner (release and info

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