

# YogaFaith Hosts Christian Yoga Teacher Training in Atlanta

*Michelle Thielen, founder and CEO of YogaFaith, led a 200-hour Christian yoga teacher training immersion in Atlanta, GA this past weekend.*

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[/EINPresswire.com/](https://www.einpresswire.com/) -- [YogaFaith](https://www.yogafaith.com/) hosted a 200-hour Christian yoga teaching training [immersion](#) on March 15-19th at the Crowne Plaza in Peachtree City, Georgia. Atlanta has been home to these immersions since 2016. In 8 years, YogaFaith has been able to reach 15 different countries allowing Christian yoga enthusiasts to become a Registered YogaFaith Trainer (R-YFT), and register with the Christian Yoga Association. Getting on the mats and practicing as a community is what makes these immersions such a powerful resource for participants.



Yoga Faith Immersion in Atlanta, GA

The organization [YogaFaith] is a platform to train, resource, and empower the body of Christ to fulfill the unique God-given purpose to each one of us, and to live successful Christian lives through the power of the Holy Spirit. Registered with the Christian Yoga Association as a Master School (R-CYAMS) and the only Christian yoga school in the world accredited with the International Association of Yoga Therapists (IAYT), YogaFaith practices Biblical principles such as meditation and explores the transformation power of prayer, and whole worship. As a former professional dancer, including the NBA and WNBA, [Michelle Thielen](#) also incorporates somatic movement, dance, and an embodiment of scriptures that declare worshiping the Lord with all of our breath, body, strength, and mind. YogaFaith offers a variety of immersions, training, and therapy both online and in person ranging from 10 to 1000 hours. Founder and CEO, Michelle Thielen created YogaFaith in 2013 with just 2 students, since then YogaFaith has trained over 2,000 people. Thielen describes the 2024 Atlanta immersion as, "...absolutely incredible! The Holy Spirit was tangible each day performing many miracles and breakthroughs for each student as well as each trainer there!"

The Miracle Immersion was held over 5 days and was designed to grant world-class Christian yoga training centered on the Word of God. One of the participants, Dawn S., present at the immersion last weekend described it as "... life-changing and the most beautiful experience of my life! I found a new sense of freedom and lifelong relationships that I am so thankful for. I am full of expectation for the future and honored to be a part of the YogaFaith Family." Another participant, Heather E., had a similar sentiment, "I am still in awe of my immersion experience! Affirming, inspiring, sweet, exciting, humbling, God was in the room and I felt his presence powerfully." YogaFaith hopes to continue empowering people worldwide on their journey to developing their relationship with God, and themselves and fellowship with others.

The next 200-hour YogaFaith Miracle Immersion [in person] will be held on July 12-16th, 2024 in Martinsville, IN. YogaFaith does offer their 200-hour Christian Yoga Certification online just once a year which is April 19-23, 2024. Additional in-person immersions include Arkansas and Florida in the fall of 2024, as well as returning to Atlanta this summer for their 500-hour Masters held only once a year and Washington State concluding their 2024 with Yoga Therapy in October. YogaFaith hosts various online training and therapy programs, with opportunities for certification and development of a closer relationship with God that can be accessed through their website [www.yogafaith.org](http://www.yogafaith.org).

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