

# "The Kindness Within" To Open Beverly Hills Film Festival® May 1: Soul-Stirring Journey Of Healing And Self-Discovery

*Join The Kindness Guy As He Overcomes A Moment Of Despair & Goes On A Quest To Find Inner Peace; Universally Inspiring Message Of Hope Features Renowned Voices*

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/EINPresswire.com/ -- Prepare to embark on an unforgettable adventure with Leon Logothetis, affectionately known [as The Kindness Guy](#), as he turns a moment of great despair into an inspiring and profound quest to find the meaning of life, connection, and inner peace in [The Kindness Within](#). Exploring universal themes of pain, purpose, kindness, and the search for a direct experience of God or a higher truth, the documentary is making its debut at the prestigious Beverly Hills Film Festival® on the first day of Mental Health Awareness Month, May 1.



The captivating film follows Leon, a five-time bestselling author and host of the acclaimed The Kindness Diaries on Netflix and Discovery+, to India as he embarks on a soul-stirring journey of self-discovery and healing. Audiences are transported alongside Leon as he immerses himself in diverse practices and philosophies to overcome deep-rooted personal crises and find fulfillment. From the banks of the Ganges to serene Himalayan monasteries, Leon encounters spiritual leaders, helpers of humanity, and even the universe itself, guiding him towards a deeper understanding of kindness, love, and purpose.

"This film is about more than just one man's journey," says Chris Phillip, Executive Producer. "It's

a reflection of the universal human experience—of seeking, of striving, and ultimately, of finding kindness within ourselves.”

Featuring voices of wisdom including world-renowned spiritual leader Sadhguru, addiction expert Dr. Gabor Maté, bestselling author Neale Donald Walsch, motivational speaker Yasmin Mogahed, and other luminaries such as Mike Dooley, Kute Blackson, Richard Rohr, Sadhviji, and Inni Kaur, *The Kindness Within* engages viewers with a tapestry of cultures and ideas as steps to mental freedom.

"I hope this documentary can offer hope to those who need it most, inspiring them to forge their own path toward inner peace," Leon shares. "Whether you're seeking inspiration, healing, or simply a deeper understanding of the world around you, there is so much to take away from this film."

*The Kindness Within* is a call to action for audiences to embrace their own journey of self-discovery, to confront fears, and to peel away the layers of conditioning that obscure our true selves. It is a reminder that love, purpose, and belonging can be found within and through service to each other.

*The Kindness Within* (2024) is a production of Winston Entertainment, directed by Steven Priovolos, and is written by Alfa Pagidas and Leon Logothetis. Executive Producers include Chris Philip, Will Allen, and Leon Logothetis. Produced by Erick Torres and Betsy Chasse, with cinematography by Steven Priovolos, editing by Michael Courtney, and music by Dimiter Yordanov. Starlings Television and Propagate International are distributing the project worldwide.



The premiere will take place at the Beverly Hills Film Festival® on May 1, 2024 at the TCL Chinese Theaters.

For more information and to view the trailer, visit <https://www.thekindnesswithin.com/>

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