

Virtue Recovery Chandler Launches Comprehensive Program for Long-Term Sobriety

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CHANDLER, AZ, UNITED STATES, April 11, 2024 /EINPresswire.com/ -- Virtue Recovery Center, a leading name in [addiction treatment](#) in Chandler, Arizona, has announced the launch of its groundbreaking program aimed at providing comprehensive support for individuals seeking long-term sobriety. This innovative initiative addresses the multifaceted nature of addiction, offering a path to recovery as personalized as the stories of the individuals it aims to help.



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Personalized Treatment Plans

At the heart of Virtue Recovery Chandler is the conviction that the journey to overcome addiction is as individual as the people who embark on it. With an acute awareness that each person arrives with their own set of unique circumstances, challenges, and stories, Virtue Recovery is

committed to creating highly customized treatment plans. These plans are meticulously tailored, considering each client's needs, aspirations, and situations. This unique approach guarantees that every element of the recovery process is in harmony with the individual's personal life context, significantly enhancing the likelihood of achieving and maintaining long-term sobriety. By prioritizing this personalized strategy, Virtue Recovery ensures that its program addresses the immediate aspects of [addiction therapy](#) and lays a solid foundation for a sustainable recovery journey.

A Holistic Approach

Understanding that addiction impacts every facet of an individual—mind, body, and spirit—Virtue Recovery Chandler adopts a comprehensive, holistic approach to treatment. This methodology encompasses many therapeutic modalities that ensure a broad treatment spectrum. Among these are:

- Yoga and meditation for mental clarity and stress reduction
- Nutritional counseling to support physical health and recovery
- Physical fitness programs to improve strength, endurance, and well-being
- Acupuncture and massage therapy for stress relief and physical recovery
- Nature therapy, including hiking or gardening, to foster a connection with the environment
- Mindfulness and relaxation techniques to improve emotional regulation and reduce cravings
- Peer support groups to build community and share experiences
- Spiritual or faith-based support to explore and strengthen personal beliefs
- Creative therapies such as art and music

The primary objective of this approach is to address more than just the overt symptoms of addiction. By digging deeper to uncover and heal the root causes, Virtue Recovery facilitates a thorough and holistic healing process. This strategy ensures that recovery encompasses all aspects of an individual's being, setting a solid foundation for lasting sobriety.

Community and Aftercare

Recovery does not end with completing a treatment program; it is a lifelong journey. Virtue Recovery Chandler is deeply committed to the long-term success of its clients, offering robust aftercare programs and creating a supportive community environment. These resources provide the necessary support and guidance to help individuals navigate the challenges of post-treatment life, ensuring they have the tools and community backing to maintain their sobriety.

"Virtue Recovery's launch of this comprehensive program signifies our commitment to revolutionizing addiction treatment. Our holistic approach is not just about treating addiction but transforming lives. We understand the difficult journey to sobriety, so we've designed our program to support individuals at every step, ensuring they have the strength, tools, and community to thrive in long-term recovery," stated Michael Banis, Chief Development Officer at

Virtue Recovery.

The launch of Virtue Recovery's comprehensive program for long-term sobriety marks a significant step forward in the fight against addiction. With its personalized treatment plans, holistic approach to healing, and a strong emphasis on aftercare and community support, Virtue Recovery is setting a new standard in addiction treatment. For those struggling with addiction, this program offers hope and a clear path to a brighter, sober future.

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Virtue Recovery Center in Chandler offers a comprehensive suite of services tailored to meet the diverse needs of individuals on their journey to sobriety. Our offerings encompass inpatient and outpatient programs, a thorough [medical detox](#) process, and various therapeutic interventions. By blending traditional methods, such as Cognitive Behavioral Therapy (CBT) with innovative practices, we ensure the effectiveness of our treatments. Further, Virtue Recovery Chandler is honored to collaborate with a wide network of insurance partners, including Behavioral Health Options (BHO) and Health Plan of Nevada (HPN), along with several commercial insurance providers. This partnership not only underscores our commitment to accessibility but also enables us to continuously expand our reach by establishing new agreements, thereby broadening our ability to support more individuals seeking a path to recovery.

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