

A Powerful New Tool for Healing: Dr. April K Is Sharing Her Story On Stage

Former Miss Benedict College Dr. April K uses the theater as a means of managing mental health through her stage play, "Beneath The Crown: A Survivor's Story."

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/EINPresswire.com/ -- For many, mental health struggles feel isolating and overwhelming. Traditional therapy can be incredibly helpful, but sometimes, the need for healing goes beyond a session room. Dr. April K, a survivor of sexual violence and domestic abuse, has discovered a powerful and unique way to manage her own mental health and inspire others: her one-woman stage play, "Beneath The Crown: A Survivor's Story."

Dr. April K's story is far from uncommon. Statistics reveal staggering numbers: over 57 million adults in the US experience mental illness, and over one-third of women have faced violence from an intimate partner. Within the African American community, cultural stigmas surrounding mental health can make seeking help even more challenging.

But Dr. April K is breaking barriers. "Beneath The Crown" is more than just a play; it's a testament to the power of



Performing at The Art Place in Marietta, GA



J.P. MADDCity Media, and K4 Entertainment present...

DR. APRIL K'S ONE-WOMAN PLAY
BENEATH THE CROWN
A SURVIVOR'S STORY

BOOKER T. WASHINGTON AUDITORIUM
1400 Walnut Street
Columbia, SC 29201

APRIL 21, 2024
Showtime: 7:00 PM
Doors Open at 6:30

Get Your Tickets Today! **starting at \$35**

For tickets visit www.draprilk.com.

Dr. April Kelley,
2001 Ms. Benedict College

Get your ticket today for the stage play of the year!

vulnerability. By sharing her experiences on stage, Dr. April K not only offers hope to others battling similar traumas, but also finds personal empowerment in speaking her truth.

Taking Charge of Healing

While the play serves as a guiding light for audience members, Dr. April K acknowledges the ongoing struggle with mental health. Depression and panic attacks can still arise, but she has a strong support system and, most importantly, a platform to process her own trauma. "The play gives me authority over my past," she reveals. This act of reclaiming her narrative is a powerful tool in managing her mental health.

Beyond the Stage: A Ripple Effect

The impact of "Beneath The Crown" extends far beyond the curtain call. Audience members, particularly women, have found strength and courage in Dr. April K's journey. The play fosters a sense of community, reminding survivors they are not alone.

Dr. April K's story exemplifies a new frontier in mental health – using personal narrative as a catalyst for healing, both for oneself and others. Her bravery and creativity offer a beacon of hope for those struggling in silence. If you or someone you know is seeking support, consider attending "Beneath The Crown" or exploring similar creative outlets for healing. Remember, you are not alone on this journey.

See "Beneath The Crown" Live

The next performance of "Beneath The Crown: A Survivor's Story" takes place on Sunday, April 21st at 7 pm at the Booker T. Washington Auditorium on the USC campus in Columbia, South Carolina. For more information or to [purchase tickets](#), visit www.draprilk.com. Let Dr. April K's story empower you to take charge of your own mental health journey.

About Dr. April K:

Dr. April K is a survivor, advocate, and multi-faceted artist based in Atlanta, Georgia. With a diverse background spanning film, theater, and activism, she uses her platform to elevate the voices of survivors and drive positive change in communities worldwide. Through her work as a film coordinator, regional DV coordinator, and global advocate, Dr. April K continues to inspire and empower others with her resilience and unwavering commitment to justice and healing.

About the Play

ONE WOMAN SHOW

starting at \$35

Co-Produced by Javon Johnson from OVAL

Written & Performed by Former MSBenedict, Dr. April K

Hosted by Queen Ariam (@reesesvemies)

DR. APRIL K'S ONE-WOMAN SHOW

BENEATH THE CROWN
A SURVIVOR'S STORY

Booker T. Washington Auditorium
1400 Wheat Street
Columbia, SC 29201

April 21, 2024
Showtime: 7:00 PM
Doors Open: 6:30

KELLEY'S CLEANING SERVICE | MAD CITY MUSIC | ENKINBENT PRODUCTIONS GROUP | J

Get tickets today at www.draprilk.com

Get your ticket today for the stage play of the year!

"Beneath The Crown, A Survivor's Story" is an amazing, autobiographical one-woman stage play that chronicles Dr. April K's personal journey of overcoming unthinkable traumas to achieve remarkable success. The play is co-produced by Tyler Perry's Javon Johnson and Author N. D. "Indy" Brennan.

Indy Brennan

Dr. April K

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