

## Community-Based Health System Files Suit Against Insurance Giant Claiming Breach of Contract

Bridges Health Partners takes on Aetna for Profiting from Contract Manipulation

WARRENDALE, PA, UNITED STATES, April 17, 2024 /EINPresswire.com/ --<u>Bridges Health Partners</u>, LLC. filed a claim against Aetna Network Services,



LLC. in the Pennsylvania State Court of Common Pleas of Allegheny County (Docket Number: GD-24-004347) today for declaratory and injunctive relief, citing multiple breach of contract claims from its 2023 agreement.

## "

Health plans are setting record profits while community-based health systems are struggling. This is a national crisis."

> John Grese, Bridges Health Partners Vice President of Administration

The agreement was designed to enhance the quality of care for patients while decreasing the overall cost to Aetna members that receive treatment at Bridges Health Partners providers. Aetna would reward Bridges by sharing in the cost savings that is below a specified medical cost target and provide additional payments for meeting the agreed upon quality metrics. Instead of paying what was due, Aetna loaded in supplemental benefit costs (i.e. marketing expense) that include gift cards, over-thecounter medications, meals, gym memberships, etc. Incentives like the free gift cards and over-the-counter

medications are available only through CVS, Aetna's parent company. These benefits are used solely to gain new Aetna memberships and will impede the care given at a Bridges' provider by taking away monies allocated in treating patients. Bridges did not agree to this arrangement and has no control over Aetna's spending.

Dr. Robert Zimmerman, Bridges Health Partners President and Chief Medical Officer says that while the programs can be attractive marketing initiatives, they do impact Bridges' ability to maintain the quality of care they currently offer their patients. "When we opened our doors in 2017, we made it our mission to improve the health of the people in our communities by providing high-quality, cost-effective, patient-centered care all led by physicians. While the incentives are good programs, they are not critical care health programs. They are supplemental programs that potentially erodes a patient's care at our providers. If we have to pay for the incentives, we cannot provide cost-saving, patient-centered care. It's egregious manipulation but also a breach of our contract with Aetna."

Bridges Health Partners is a network of 60+ specialty providers, 8-acute care hospitals, 100+ ambulatory facilities and more than 400 primary care physicians through St. Clair Health, Washington Health System, and Independence Health System. They rely on consolidated, costsavings, combined efforts to offer high-level patient care. To date, they have saved millions of dollars that they pass along to their patients in reduced costs.

John Grese, Bridges Health Partners Vice President of Administration said, "Health plan organizations, like Aetna, are setting record profits while community-based hospitals and health systems are struggling. This is a national crisis. If the insurance agency corporate giants are not stopped, community health care will be obsolete, putting thousands of doctors, nurses, and staff out of jobs and the very people needing treatment will be the ones who suffer. "

"Our goal is to make care accessible and affordable, provide the best experience and create an integrated network of providers and programs to support our communities." Dr. Zimmerman continued. "To protect our patients, our doctors, our staff, and our community, we have filed suit against Aetna to prohibit them from incorrectly allocating the cost of supplemental benefits to Bridges providers under the 2023 agreement."

The suit was filed Tuesday, April 16, 2024, by Lynch Carpenter LLP and Scott+Scott Attorneys at Law LLP for Bridges Health Partners. For a copy of the complaint or more information or to arrange an interview with Dr. Zimmerman, please contact Jennifer Schlieper at 412-916-7495 | jennifer@flyingscooterproductions.com.

About Bridges Health Partners LLC

Three independent, non-profit health systems in the Pittsburgh metropolitan market and surrounding communities are the founding members of Bridges Health Partners LLC (Bridges), including Independence Health System, St. Clair Health, and Washington Health System. Each partner system, along with their independent and employed medical staff are committed to transforming how healthcare services are delivered by implementing an integrated, regional network of care that supports all patient populations, no matter the payer. Together, Bridges serves 120,000 patients through a broad geography of outpatient, community-based sites and inpatient facilities in Allegheny, Armstrong, Beaver, Butler, Clarion, Fayette, Greene, Indiana, Lawrence, Mercer, Venango, Washington, and Westmoreland counties. Bridges Partners participating health systems commitment to quality has been recognized by numerous national and independent authorities including HealthGrades, The Leapfrog Group, Quantros CareChex, IBM Watson 100 Top Hospitals, and U.S. News and World Report's High Performing Hospitals and Best Regional Hospitals, to name just a few. Bridges network comprises eight hospital campuses

with over 1,450 licensed beds, over 1,000 employed and affiliated physicians with a network of primary care and specialty group practices, ambulatory surgery centers, urgent care clinics, imaging and diagnostic centers, skilled nursing, home health, and hospice care. Bridges partner systems are strong healthcare provider organizations individually; collectively dedicated to delivering the best quality of care at a lower cost to patients where they live and work. To learn more about Bridges Health Partners LLC, visit www.bridgeshealthpartners.org.

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