

Houston Area Urban League Community Block Party Celebrates Healthy Kids Day in Palm Center

Families to Gather for a Day of Fun, Fitness, and Festivities at Houston Area Urban League this Saturday in Palm Center

HOUSTON, TX, UNITED STATES, April 17, 2024 /EINPresswire.com/ -- The Houston Area Urban League, Texas Children's Pediatrics, and the Houston Texans YMCA will host a Community [Block Party](#) this Saturday, April 20th, to celebrate Healthy Kids Day. The event, taking place at the Houston Area Urban League located at 5260 Griggs Road in Palm Center, promises a day of fun, activities, and special guests for families in the Houston area.

The Community Block Party, an initiative to promote health and unity within the community, will feature free Zumba classes, healthy food demonstrations, and exciting performances. Attendees will have the opportunity to win door prizes, free laptops, including reading books for children, free passes to the Children's Museum, premium gift bags, and \$25 gift cards.

Representative Ron Reynolds, UnitedHealthcare Community Plan's Dr. Health E. Hound Mascot, Zumba Instructors from OHIP, Gator Cheerleaders, and Gator Pep Squad, James H. Law Elementary School Cheerleaders, Jack Yates Theatre Ensemble, MoSerious Entertainment, and various local organizations will make special appearances and performances during the event. The festivities aim to bring families together and inspire healthy habits from an early age.

"We are thrilled to partner with Texas Children's Pediatrics and the Houston Texans YMCA to create a memorable Kids Day experience for families in our community," said Felicia Jackson, Family Support Services program manager of the Houston Area Urban League. "This event is a testament to the power of collaboration in fostering a positive and vibrant community spirit."



The poster for the Houston Area Urban League Community Block Party is vibrant and colorful. At the top, it features the logos for the Houston Area Urban League and the YMCA, with the text "JOIN US FOR A FREE COMMUNITY BLOCK PARTY". Below this, the date "APRIL 20TH" and location "5260 GRIGGS ROAD" are prominently displayed, along with the time "FUN HAPPENS AT 10AM - 2PM". A QR code is provided for registration, with the note "REGISTRATION REQUIRED". The central illustration depicts a diverse group of people engaged in various activities: a woman playing Zumba, a man holding a sign for "FREE WORKOUT CLASSES", a woman holding a sign for "FREE KIDS MEALS", and others participating in "HEALTH SCREENINGS", "FOOD TRUCKS", "MUSIC", and "FREE GIVEAWAYS". A speech bubble on the left says "YOUR HEALTH MATTERS". On the right, a section titled "SPECIAL THANKS TO OUR SPONSORS" lists the National Urban League, United Healthcare Community Plan, and St. Luke's Health. The bottom of the poster is filled with logos of numerous sponsors, including Adnan Garcia, Genentech, and others.

Join us on Saturday, April 20th in Palm Center (5260 Griggs Road)

The Community Block Party is open to all families in the Houston area, and organizers encourage everyone to join in the celebration. The event will run from 10 AM to 2 PM.

For more information and registration, visit

<https://www.cognitoforms.com/HoustonAreaUrbanLeague/RSVPToHAULsFirstAnnualBlockPartyApril20th>

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