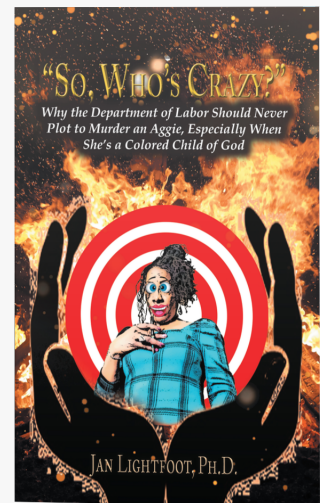


# "So Who's Crazy?" by Dr. Jan Lightfoot to Feature at the Los Angeles Times Festival of Books 2024

*Insightful exploration of systemic oppression and survival to be highlighted at the nation's largest literary event.*

YORBA LINDA, CALIFORNIA, USA, April 18, 2024 /EINPresswire.com/ -- At this year's Los Angeles Times Festival of Books, attendees will have the opportunity to explore Dr. Jan Lightfoot's revealing book, "So Who's Crazy?", presented by Inks and Bindings at Booth 182 in the Gold Zone. The event, hosted on the University of Southern California campus on April 20-21, 2024, serves as a vital platform for authors to discuss their works with a wide-ranging audience.



So Who's Crazy?

"So Who's Crazy?" presents a stark examination of the harsh realities faced by many within the U.S. healthcare and legal systems. Dr. Lightfoot, a seasoned mental health professional and a former federal employee, uses her personal ordeal as a lens to reveal the systemic abuses that can dismantle lives under the guise of protection and care. The book details her harrowing experiences with the Veterans Administration and the Department of Labor, which, following a work-related injury, inaccurately branded her as a threat, leading to severe personal and professional repercussions, a mischaracterization that significantly altered her life and career.

Through her personal story, Dr. Lightfoot highlights broader issues of predatory psychiatric practices and involuntary commitments that reflect on the failures of institutional systems to protect those they serve.

Dr. Jan Lightfoot, known for her influential writings on critical societal issues, brings her expertise and personal experiences to bear in this book, offering insights that resonate with individuals

facing similar struggles. Her work is crucial for anyone interested in mental health advocacy, legal reform, and civil rights.

Her presentation at Inks and Bindings' Booth 182 in the Gold Zone of the Los Angeles Times Festival of Books provides an opportunity for festival-goers to engage with Dr. Lightfoot's impactful work. Attendees can look forward to enriching discussions and gaining a deeper understanding of the book's critical themes. Please visit the [Los Angeles Times Festival of Books website](#).

For more information about Dr. Jan Lightfoot and her work, "So Who's Crazy?" is now available for purchase on Amazon, where readers can find both paperback and electronic versions of this enlightening work.

#### [About Inks & Bindings:](#)

Launching brilliant stars into the spotlight! Inks & Bindings is set to broaden horizons, revamp to perfection, and produce a masterpiece through the power of books.

Inks and Bindings is a premier self-publishing company located at the heart of the Golden State. Aptly based where fashion, entertainment, and culture thrive, the team goes all out in bringing independent authors into the sweet California spotlight.

JORELOU GABATO  
Inks and Bindings, LLC  
+ + +1 7142495529

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[Instagram](#)

[YouTube](#)

[TikTok](#)

[Other](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/704490028>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.