

How SHRI is Fostering an Open Dialogue about Mental Health in the Workplace

Strategic Human Resources Innovations (SHRI) is fostering an open dialogue about mental health at work.

BRANDON, FLORIDA, UNITED STATES, May 23, 2024 /EINPresswire.com/ -- Strategic Human Resources Innovations (SHRI) is a top provider of personalized HR solutions. They are taking a proactive stance. They want to foster an open dialogue about mental health at work. SHRI recognizes the importance of employees' mental well-being. It impacts overall success. SHRI is committed to giving small businesses the tools and resources to support their teams.

Today's business world is fast-paced and competitive. Mental health has become a critical concern. The COVID-19 pandemic has highlighted the need to incorporate mental health wellness. Employers must prioritize the well-being of their workforce. SHRI knows this. Making a safe workplace for employees starts with open communication. It also starts with a culture that removes the stigma from mental health.

"One big challenge is the lack of workplace communication," said Dr. Brittany Castonguay, Founder and CEO of SHRI.

Fostering an open dialogue about mental health can help employers. It creates a supportive environment that boosts employee well-being. This support leads to greater productivity and satisfaction."

SHRI offers a range of HR solutions for small businesses. These include mental health support



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programs and initiatives to promote well-being. By working with SHRI, companies get expert guidance and resources. These help them navigate the complexities of mental health at work.

SHRI helps businesses streamline onboarding. They do this to ensure new employees integrate well. This includes giving managers tools. The tools help them find and support employees. The employees may be facing mental health challenges.

Further, SHRI recognizes the importance of continuous dialogue. It helps address mental health issues. Their performance evaluations have regular check-ins. They promote open talks between managers and employees. This allows for finding possible challenges related to mental health. It provides chances for proactive help.

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Dr. Brittany Castonguay

In addition to helping individuals, SHRI also focuses on building a positive culture. They offer a variety of services. These include making custom assessments and plans for companies. The companies want to promote mental well-being in their workplace.

SHRI is dedicated to navigating the complexities of managing a multigenerational workforce. SHRI is an expert in diversity and inclusion. They help businesses make fair compensation and policies. These measures respect the unique needs of different generations. They also help create a positive and inclusive work environment.

In an era where mental health concerns are rising, SHRI is committed to helping small businesses. They need the knowledge and tools to foster open talk about mental health at work. By partnering with SHRI, companies can create supportive environments. These prioritize employee well-being and foster a positive culture. This culture ultimately drives success.

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potential

KNOW THE FACTS

74% of new employees don't think they have reached their full potential.

Employee Potential

The infographic features a dark blue background with a hand in a suit jacket drawing a glowing blue line that starts at the word 'potential' and curves upwards. In the top left corner, there is a white rounded square containing a purple icon of a brain with neural connections. In the bottom right corner, there is a purple circular icon containing a white lightbulb with a checkmark inside. The text 'KNOW THE FACTS' is written in white on a purple horizontal bar. Below this, the statistic '74% of new employees don't think they have reached their full potential.' is displayed in bold black text. At the bottom, the words 'Employee Potential' are written in a smaller font.

For more information about SHRI and its HR solutions, please visit <https://www.strategichrinnovations.com/small-business-solutions>.

About Strategic Human Resources Innovations (SHRI)

SHRI is a top provider of customized HR solutions. It is dedicated to helping businesses thrive. SHRI focuses on small businesses. It offers a wide range of services. These include hiring, onboarding, and performance review. Also, talent management, diversity, mental health support, and inclusion efforts. SHRI helps businesses. They gain access to expert guidance and resources. These are designed to improve employee engagement, well-being, and overall success.

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[Other](#)



3 BEST QUALITIES OF AN EMPLOYEE

- 1 Confidence**
Confidence is a quality that they should also have as a good employee.
- 2 Leadership Potential**
Leadership can lead to positivity, trust and respect in others.
- 3 Reliable**
A reliable person can be counted on to get a job done.

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Best Employee Qualities



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